



City of Royal Oak, Royal Oak Recreation and Royal Oak Schools Newsletter

**SUMMER 2016** 

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46th Annual

k Outdoor Art Fair

Details on page 27

Painting by Joe Cilluffo, Clay, MI

A COMMUNITY COLLABORATION:









# DAY CAMP **SUMMER 2016**



#### It's where you want to spend your summer!

CAMP LOCATION: Royal Oak High School

1500 Lexington Blvd at Crooks

**Royal Oak Recreation** CAMP 1600 N Campbell Road REGISTRATION:

> 248-246-3180 Tel Fax 248-246-3007

Online www.royaloakrec.com

CAMP HOURS: Monday – Friday, 9 am to 4 pm

Before/after care available 7:30 - 9 am and 4 - 6 pm

CAMP DATES: Week 1 June 22 (Wed) – 24 (3 days \$78)

> Week 2 June 27 - July 1

Week 3 July 5 (Tues) – 8 (4 days \$104)

Week 4 July 11 - 15 July 18 - 22 Week 5 Week 6 July 25 - 29 Week 7 August 1 - 5 Week 8 August 8 - 12

Week 9 August 15 - 19

Sign up for any number of weeks, our activities are always changing.

CAMP COSTS: Camp fee is \$130 per week. Before/after care is \$30 per week.

There is a \$10 fee if a camper is picked up late.

Campers must have completed kindergarten (must be age 5 by 9/1/15) CAMPER AGES:

through age 12.

CAMP ACTIVITIES: Arts & crafts, games, outdoor activities, swimming, field trips, sports and

more. Campers are divided by age groups for activities. Camper to

counselor ratio is 10:1.

LUNCHES/ Campers need to bring a sack lunch with drink daily. We provide daily

snacks.





SNACKS:

Because of the popularity of our program, we require payment in full at the time of registration for all the weeks you will be attending camp. For your convenience, we offer credit card payment (VISA/MC/Discover).

Requests for transfers or refunds must be made at least one week in advance *(as space allows)* less a \$10 processing fee per week. There is a maximum of 50 campers per week. This program will sell-out! Please make sure you register early.

You may register in person, on line, by m Mailing Address: Royal Oak Recreation 211 Williams PO Box 64 Royal Oak MI 48068			In Person: DI 16 Ro	EPT OF REC 300 N Camp 3yal Oak M		
	Phone (248) 2		ax (248) 24	6-3007 ● ww	_	rec.com
		Regis	tration F	orm 2016		
Camper Nan	ne				Date of Birth	l
Address				Ph	one (H)	
E-mail			Parent	/Guardian name _		
Please che	ck ( 🗸 ) the wee	eks you want, ai	nd whether	or not you need	before/afte	er care.
Week	Dat		Fee	9 am-4 pm		Before/After
						Care
1	June 22 – 2	4 (3 days)	\$78		\$18	
2	June 27	– July 1	\$130		\$30	
3	July 5 – 8	(4 days)	\$104		\$24	
4	July 11	- 15	\$130		\$30	
5	July 18	- 22	\$130		\$30	
6	July 25		\$130		\$30	
7	August	1 – 5	\$130		\$30	
8	August	8 – 12	\$130		\$30	
9	August :	l5 - 19	\$130		\$30	
Total amoun Payment Me		ck 🗆 Visa/D	Discover#			CVV2
		☐ Maste	rCard#			CVC2
		Cardhold	er Name			
		Expiration	n Date			
is recommende coverage within	d that anyone enrolle	ed in an activity, or us urance. By registerin	sing one of our ng for Departme	facilities in general, ment of Recreation and I	ake provisions	

Signature of Parent/Guardian

Date



# Summer Camps www.leisureunlimited.net

#### Sports Starters (preschoolers, ages 3 - 5)

Your toddlers will *love* this first introduction to sports. Kids will improve their large muscle movement and hand-eye coordination as they throw, catch, kick, run and play silly games. Our nurturing coaches will make sure your little ones have a positive and fun learning experience. Wear gym shoes and bring a water bottle. **Kids must be three by the first day of class.** Minimum 10 campers. Instructor: Leisure Unlimited

#### July 18 - 22 at Salter Community Center YA2001

Monday - Friday, 12:45 -1:35 pm \$52 / 1 week

#### Tee-Ball Camp (4 - 6)

Make a hit with your youngster this summer. Kids will learn throwing, base-running, catching, batting and fielding. Directions are easy-to-follow. Fun, progressive drills allow kids to advance at their own pace in a safe, nurturing environment. Players will learn the importance of effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Mitts are optional. Snack provided. Minimum 10 campers. Instructor: I eisure Unlimited

#### July 18 - 22 at Salter Community Center YA2002

Monday - Friday, 1:45 - 3:00 pm \$65 / 1 week

#### Soccer Starters Camp (preschoolers, ages 3 - 5)

Introduce your youngsters to the fast-paced world of soccer. Our enthusiastic coaches will teach your kids the basic kicks, how to score, goalie work, throw-ins, positions and rules. Our emphasis is on teamwork, sportsmanship and effort in a safe and nurturing environment. Snack provided. Wear tennis shoes and bring a water bottle. **Kids must be three by the first day of class.** Minimum 10 campers. Instructor: Leisure Unlimited

#### August 22 - 26 at Salter Community Center YA2003

Monday - Friday, 12:45 - 1:35 pm \$52 / 1 week

#### Basketball Camp (ages 6 – 9)

A qualified coach teaches your youngsters the basics of basketball including shooting, dribbling, and passing. We'll also cover player positions, offense, defense and the rules to help your kids better understand the game. Kids work on skills at their own pace. Our emphasis is on teamwork, effort, sportsmanship and lots of FUN! Wear tennis shoes and bring a water bottle. Snack provided. Minimum 10 campers. Instructor: Leisure Unlimited

#### August 22 - 26 at Salter Community Center YA2004

Monday - Friday, 1:45 - 3:00 pm \$65 / 1 week

#### **Summer Youth Dance**

#### **Preschool Dance**

This fun-filled introduction to dance and creative movement is specially designed for 3-5 year old students. This class will challenge young children to explore movement, music and their unique creativity. Children are exposed to the design and structure of a dance class.

#### **Intro to Dance**

This class is designed to be a fun-filled introduction to Ballet, Jazz and a stylized version of "Song and Dance" combinations. Emphasis will be placed on the basic fundamentals and terminology of a Ballet Barre, Jazz center, traveling progressions and a characterized routine.

#### **Hip Hop Jazz**

Each age division and level will be provided with a challenging and energetic warm up, isolations, pop and lock hip hop moves, along with traditional turns, jumps, progressions and combinations.

#### Instructor, Miss Kim

Salter Community Center \$45/6 weeks

#### Wednesdays, June 29 - August 3 (6 weeks)

5:30 pm	Preschool Dance (3 & 4 year olds)	YD2202
6:00 pm	Preschool Dance (4 & 5 year olds)	YD2203
6:30 pm	Intro to Dance (K - 2nd grade)	YD2204
7:15 pm	Hip Hop (1st - 4th grade)	YD2205

# Storytime & Crafts with Cowboy ALEX

Kids ages 3-8 years old will enjoy 45 minutes of stories, puppets, magic, crafts and fun with Cowboy ALEX. Sign up for one or all of the classes!

On select Saturdays, 11:00 am at Senior/Community Center Fee: \$5 per child, per class

**Fabulous Friends Storytime & Crafts** Saturday, May 28 **YA4005** 

**Patriotic Parade Storytime & Crafts**Saturday, June 25 **YA4006** 

**Super Stamper Storytime & Crafts** Saturday, July 23 **YA4007** 

**Kewl Cruiser Car Storytime & Crafts**Saturday, August 27 **YA4008** 



#### **Gymnasium Rentals**

There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.

### Learn to Skateboard at **Clawson Skate Park!**

#### Ages 5 - 15

Clawson Skate Park is located on West Elmwood at N. Custer Ave. in the Clawson City Park (between Main and Crooks, north of 14 Mile Road).

Whether you're just getting started on your skateboard or already have been skating, let Modern Skate & Surf's experienced skateboard instructors help you take your skills to the next level. Groups will be divided by each individual's skill level to learn anything from how to step on a board to intermediate skating tricks.

Locally owned Modern Skate & Surf has been servicing Michigan with quality skate products since 1979. They operate the third largest indoor skate park in the United States. You can find them at www. modernskate.com.

Saturday, May 14, 9:00 am - 12 noon at Clawson Skate Park \$25 / 1 day **YA5005** 

Saturday, June 11, 9:00 am - 12 noon at Clawson Skate Park \$25 / 1 day **YA5006** 

Monday, July 11, 9:00 am - 12 noon at Clawson Skate Park \$25 / 1 day **YA5001** 

Tuesday, July 12, 9:00 am - 12 noon at Clawson Skate Park \$25 / 1 day **YA5002** 

Wednesday, July 13, 9:00 am - 12 noon at Clawson Skate Park \$25 / 1 day **YA5003** 

Mon. - Wed., July 11 - 13, 9:00 am - 12 noon at Clawson Skate Park July 11 - 13, \$60 / 3 days **YA5004** 

#### **Activity Cancellation**

Due to bad weather - 248-246-3187 When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

#### **Special Thanks**

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

#### Who to Contact

John Lindell Ice Arena Swimming (see page 50) Boys & Girls Club of SOC **RO Sandlot League** ROYSA (Youth Soccer)

Royal Oak Youth Football Royal Oak Hockey

248-246-3950 248-435-8500 ext. 1148 248-544-4166 www.royaloaksandlot.com www.roysa.com www.royaloakchiefs.com www.royaloakchargers.com www.royaloakhockeyclub.com



e<sup>2</sup> Young Engineers is an educational company that currently caters to thousands of children worldwide. For more information visit their website at www.youngeng.net.



#### Big Builders Camp – Ages 4-6

Each participant will discover new subjects and will build/play with (2) different models each day. This program enables children to have FUN learning by integrating K'nex with general knowledge in nature, space, science, transportation and day-to-day physics. The program illustrates theoretical knowledge in these fields through the use of stories, thinking, social games and model building – and HAVING FUN! Instructors also emphasize personal interaction and building a sense of self-confidence among all children participating. Minimum 6 students.

**Monday-Friday at Salter Community Center** July 11 - 15, 10:00 - 11:30 am **YA2040** Fee: \$79 / 1 week camp

#### LEGO° Challenge Camp – Grades 1-5

Each participant will discover new subjects and will build/ play with (2) different models each day. This program integrates LEGO® with scientific and mathematical principles in a FUN and EXCITING way! Teaching is conducted using customized LEGO® kits with motors, gears and batteries. The programs utilize an Edutainment (Education + Entertainment) approach, transforming the learning process



into a game while introducing children to theoretical and practical knowledge in the fields of science, technology, engineering, art and mathematics (STEAM). Minimum 8 students.

#### **Monday-Friday at Salter Community Center** July 11 - 15, 12:30 - 3:00 pm YA2039

Fee: \$139 / 1 week camp

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program National Parks Service PO Box 37127 Washington DC 20013-7127









Science

**Free Play Time** 

Art

#### FOUR SEASONS PRESCHOOL

Four Seasons Preschool offers a wonderful learning environment for children ages three and four years old.

**We are now enrolling for the 2016-2017 school year.** Our 33-week school year begins September 6, 2016.

Our preschool is located at the Senior/Community Center at 3500 Marais (1 block north of 13 Mile Road and 3 blocks east of Crooks).

Our program offers the following:

- Story Time
- Physical Education
- Music
- Computers
- Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.

#### 2016 - 2017 Class Schedule and Pricing

# Tues/Thurs Morning, 8:30 - 11:00 am PRE2016-R3

**FULL** 

Tuition for our morning 2-day a week program is \$988. This includes a non-refundable registration fee of \$100 and three installments of \$296.

#### Mon/Wed/Fri Morning, 8:30 - 11:00 am PRE2016-R1

**FULL** 

Tuition for our morning 3-day a week program is \$1,483. This includes a non-refundable registration fee of \$100 and three installments of \$461.

### Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm PRE2016-R2

**FULL** 

Tuition for our afternoon 4-day a week program is \$1,978. This includes a non-refundable registration fee of \$100 and three installments of \$626.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com









#### **Tai Chi**

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, is licensed to instruct through the Chinese government and has been teaching more than 30 years.



#### **Push Hands Beginner**

Tuesday, 6:30-7:30 pm **AF2004**June 14 - August 9 at Senior/Community Center- Rooms 8 & 9
Fee: Res. \$56; Non-Res. \$61 / 7 weeks
No class July 5, August 2

#### **Push Hands Continuing**

Tuesday, 7:30-8:30 pm **AF2006**June 14 - August 9 at Senior/Community Center- Rooms 8 & 9
Fee: Res. \$56; Non-Res. \$61 / 7 weeks
No class July 5, August 2

#### **Yang Style Section 1 & Stretching**

Thursday, 6:30-7:30 pm **AF2001** June 23 - August 4 at Salter Center Gym Fee: Res. \$56; Non-Res. \$61 / 7 weeks

# Yang Style Section 2/3 of 103 Form - Continuing

Thursday, 7:30-8:30 pm **AF2002** June 23 - August 4 at Salter Center Gym Fee: Res. \$56; Non-Res. \$61 / 7 weeks

#### **Yang Style Sword**

Thursday, 8:30-9:30 pm **AF2003** June 23 - August 4 at Salter Center Gym Fee: Res. \$56; Non-Res. \$61 / 7 weekss



### **Hatha Yoga**

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life.

#### Classes are for all skill levels. Beginners are welcome.

Wear comfortable, loose clothing and **bring a mat, blanket and strap**. Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

#### **Monday at Senior/Community Center**

July 11 - August 29, 5:40 - 6:55 pm **AF2007** July 11 - August 29, 7:00 - 8:15 pm **AF2008** Fee: Res. \$56; Non-Res. \$61 / 8 weeks

**Wednesday at Senior/Community Center** July 6 - August 24, 7:00 - 8:15 pm **AF2009** Fee: Res. \$56; Non-Res. \$61 / 8 weeks

**Thursday at Senior/Community Center**July 7 - August 25, 7:00 - 8:15 pm **AF2010**Fee: Res. \$56; Non-Res. \$61 / 8 weeks



#### Tactical Self-Defense "TSD"



In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements such as

awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self Defense our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Jeff Danuloff of Michigan has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

#### **Wednesday at Salter Community Center**

June 15 - August 3, 7:00 - 8:15 pm **AF2401** Fee: Res. \$65: Non-Res. \$70 / 8 weeks



# PLEASE REGISTER EARLY to ensure your spot in class. Any classes not meeting minimum enrollment requirements one business day prior to start date may be subject to cancellation.

#### **Low-Impact Workout to Oldies Music**

#### **GREAT FOR BEGINNERS!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to the songs you love to hear--without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

#### Thursday, 6:20 - 7:20 pm Instructor: Angie M

**NEW TIME & LOCATION FOR SUMMER!** 

June 30 - August 18 at M/M Senior/Community Center FF2002

#### 20/20/20

This class includes 20 minutes each of three essential components of fitness: cardio, strength and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment. Core work followed by a series of controlled, static stretches in the final flexibility section will enhance range of motion and release stress. Bring a mat, hand weights and water.

#### Monday, 5:50-6:50 pm Instructor: Karen B

June 27 - August 22 at M/M Senior/Community Center **FF2005** *No class July 4* 

#### Wednesday, 5:50-6:50 pm Instructor: Karen B

June 29 - August 17 at M/M Senior/Community Center **FF2006** 

#### Zumba

Are you ready to party yourself into shape? Set to Latin and other international music with exotic rhythms, this fun dance fitness workout class is extremely effective in burning calories and keeping the heart rate up. The steps are easy to learn and follow and will get you moving in an exhilarating new way for a high-energy workout to tone and shape your entire body. Bring a water bottle and towel, and leave your inhibitions behind!

#### Thursday, 7:30-8:30 pm Instructor: Joli P

June 30 - August 18 at M/M Senior/Community Center FF 2017

#### Zumba + Core Fusion

#### **NEW FOR SUMMER!**

This class is a dance-based combo workout for those looking to change up their routine and build a strong, elongated dancer physique. Start with Zumba cardio, move on to upper body toning, and finish with core, lower body and stretches incorporating ballet principles of movement (without the barre). Bring hand weights, mat and water.

#### Monday, 7:00-8:00 pm Instructor: Joli P

June 27 - August 22 at M/M Senior/Community Center **FF2018** *No class July 4* 

#### Fit Yoga NEW!

This class will consist of warm-ups and sun salutations followed by a flowing sequence of poses designed to build strength and improve balance and flexibility. By focusing on connected breath and movement, energy blockages are released in both the body and mind, resulting in an overall sense of peace and relaxation. Some experience is recommended but not required, as modifications will be offered. Bring a mat and any other optional props you may need to help facilitate your practice (i.e., blanket, yoga blocks, strap).

#### Wednesday, 7:15-8:15 pm Instructor: Jennifer M

June 29 - August 17 at M/M Senior/Community Center FF2003

#### **Mat Pilates**

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

#### Thursday, 6:20-7:20 pm Instructor: Ginger V

**NEW DAY FOR SUMMER!** 

June 30 - August 18 at Salter Community Center FF 2013

#### **Total Body Conditioning**

Build muscle strength and endurance and burn more calories for safe, fast results with this joint-friendly training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

#### Tuesday, 6:20-7:20 pm Instructor: Angie M

**NEW SUMMER LOCATION!** 

June 28 - August 23 at M/M Senior/Community Center **FF 2010** *No class August 2* 

#### Fees for all Royal Oak Fitness classes:

	Res.	Non-Res.	
1 class per week	\$ 56	\$ 61	8 weeks
2 classes per week	\$104	\$109	8 weeks
3 classes per week	\$144	\$149	8 weeks
4 classes per week	\$176	\$181	8 weeks

Note: You must indicate which days you will be attending; no make-ups or substitutions will be allowed.

# **Insanity Live**

Insanity Live is a cardio-based total body conditioning program. Based upon the moments from fitness expert Shaun T, this instructor led workout brings the intense interval training workout to group fitness. The incredible fat burn and total body transformation Insanity produces has made it one of the top selling fitness programs of all time, and now certified instructors are bringing it to gyms and fitness clubs around the country. Instructors are trained to help participants modify the movements so that the workout is suitable for all levels of fitness. Let go of your limits and change your I can't to I will! Instructor: Melissa Thueme.

#### Tuesday at M/M Senior/Community Center

June 21 - August 16, 7:30 – 8:30 pm **AF2603** Fee: Res. \$56; Non Res. \$61 / 8 weeks *No class July 5* 

### **Water Aerobics**

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home.

#### Wednesday at Royal Oak Middle School (Dondero) Pool

June 15 - August 3, 7:00 - 7:55 pm **AF2011** Fee: Res. \$56; Non-Res. \$61 / 8 weeks

### **Aqua Zumba**

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

#### Wednesday at Royal Oak Middle School (Dondero) Pool

June 15 - August 3, 8:00 - 8:55 pm **AF2012** Fee: Res. \$56; Non-Res. \$61 / 8 weeks

# **Perfect Pierogies**

In this fun, hands-on class you'll work on your own and make about 2 dozen fresh and delicious pierogies from scratch overstuffed with fillings YOU get to choose! Learn how to flavor and season your dough, and ways to create endless varieties of savory or sweet fillings. Once you've made homemade pierogies you'll never buy store brands again! Send an email to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring. Min. 6, Max. 30 students. Class runs 2.5 hours. Instructor: Andrea Janssen

Friday, June 24, 7:00-9:30 pm at Senior/Community Center

Fee: \$29 / 1 class AE2210

### **Adult Fall Softball**

Royal Oak Recreation will begin open adult softball team registrations on Tuesday, July 12. Registration deadline is Friday, August 7 or when league sells out.

#### **League Offerings:**

Monday Coed Division 8 teams
Tuesday Men's Division 8 teams
Wednesday Coed Division 8 teams
Thursday Men's Division 8 teams

**Entry Fee:** \$475 includes 10-game season (5 doubleheaders) plus one play-off night for the top 4 teams, ASA Registration, softballs and awards.

**Umpire Fees:** \$15 per team per game (pay at game site)

**Field/Times:** Worden #4 6:10, 7:20, 8:30, 9:40 Worden #5 6:10, 7:20, 8:30, 9:40

**Rosters:** Teams can have up to 20 players with no restrictions on non-residents. Player rosters are due in the Recreation office before first game.

**Awards:** Season Champion receives 15 individual awards.

ASA rules and regulations govern all leagues. **League games will begin the week of September 6** (Monday league will begin September 12). Teams may begin and end a game with eight players.

**Managers:** Teams can pick up supplies after August 23. Schedules will be e-mailed on August 23.

#### **NO SPOTS RESERVED**

You are officially in the league when payment of \$475 and completed team application is received in the Recreation Office.

We accept payment by cash, check, VISA/MC/Discover. For information call 248-246-3180.

# **Water Color Painting**

#### **Beginning through Experienced Students**

Noted Bloomfield Hills artist, Karen Halpern, will guide beginning through experienced students in working effectively with watercolor. While learning about color, design, shading and painting techniques, you will enjoy the brilliance of the paint, the sparkle of its transparency, and the pleasure of color mixing. Supply list is available.

Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

June 27 - August 29 **AE 2006** 

Fee: Res. \$116;

Non-Res. \$121 / 9 weeks

No class July 4





luvalltennis.com

#### **Summer Tennis**

**Location:** All classes take place at the Worden Park Tennis Courts on Lexington, north of 13 Mile Road east of Crooks Road next to the Lindell Ice Arena (behind green Total Soccer building).

Registration: Pre-registration for all classes is required ONLINE at www.luvalltennis.com

#### **Payment:**

- By check. Please send check made payable to Luv All Tennis to: Luv All Tennis, PO Box 955, Royal Oak MI 48068
- Paypal. Please note there is a \$3 processing charge when using Paypal.
- Payment is expected before or on the first day of class. A \$5 late fee will be charged for payments received after the first class.

#### **Class Information:**

- Please bring your own racquet. Luv All Tennis sells youth racquets for \$25. Email christiana@luvalltennis.com to place your order.
- Please bring a water bottle and wear tennis shoes for class.



#### **NEW! Soccer & Tennis Camp**

Join us for a fun combo of tennis and soccer. Camp will have three 45-minute intervals of tennis, soccer and agility/team building activities.

Cost: \$119/week (Monday - Thursday, rain make-ups will be Friday)
Session 1: July 18 - 21, 9:30 am - 12 noon

Session 2: August 1 - 4, 9:30 am - 12 noon

Age Groups	Activities	<b>Rotation Times</b>
5 - 6 years	I. Tennis	9:30-10:15 am
	15 minute break	10:15-10:30 am
7 - 9 years	II. Soccer	10:30-11:15 am
10 - 12 years	III. Agility & Team Building	11:15 am-12 noon

For class descriptions & registration, visit www.luvalltennis.com

#### **Camp Classes**

n make-up Friday, Ju	ly 1)
8:15 - 9:00 am	\$45
9:00 - 10:00 am	\$58
10:00 am-12 noon	\$116
	8:15 - 9:00 am 9:00 - 10:00 am

 Session 2: July 25-28 (Mon. - Thurs., rain make-up Friday, July 29)

 Youth Intermediate (9-11 years)
 9:00am-10:30am
 \$87

 Middle School/Teen Clinic (12-18 years)
 10:30am-12:30pm
 \$116

Session 3: August 8-11 (Mon. - Thurs., rain make-up Friday, August 12)
Middle School & High School Team Training

(12-18 years) 9:00am-12:00pm \$174

This camp is designed for middle schoolers and high schoolers preparing to play, or who are already playing, on a team. This class is not for the beginning tennis player. Drills, games, and matches will be provided for students. **Please note: We offer more morning camps in Huntington Woods.** 

#### **Wednesday Youth**

See website for more details.

Session 1: June 29-July 27 (5 weeks - rain make-up 8/3) Session 2: August 10 - 31 (4 weeks - rain make-up 9/7)

Class	Day	Time	<b>S1</b> \$	<b>S2</b> \$
Bitty Pee Wee (3-4 years)	W	4:00-4:30 pm	\$37	\$30
Red Ball II Pee Wee (5-6 years)	W	4:30-5:15 pm	\$55	\$45
Youth Beginner (7-10 years)	W	5:15-6:15 pm	\$73	\$58
Youth Intermediate (9-10 years)	W	5:15-6:15 pm	\$73	\$58

#### **Thursday Youth**

Session 1: June 30-July 28 (5 weeks - rain make-up 8/4)
Session 2: August 11-Sept. 1 (4 weeks - rain make-up 9/8)

Class	Day	Time	S1\$	<b>S</b> 2 \$
Quick Start Match (K-5th grade)	Th	4:00-5:15 pm	\$90	\$72
Bitty Pee Wee (3-4 years)	Th	5:30-6:00 pm	\$37	\$30
Red Ball I (4-6 years)	Th	6:00-6:45 pm	\$55	\$45
Middle School/Teen Drill & Play				
(12-17 years)	Th	7:00-8:30 pm	\$110	\$87

#### Wednesday Adult 18+

Session 1: July 13-August 31 (8 weeks - rain make-up 9/7)

Class	Day	Time	Cost			
Mixed Doubles League	W	6:15-8:15 pm	\$105			
This league is for the advanced beginner on up (2.5+). See website for						
advanced league (3.5+) in Huntington Woods.						

#### Thursday Adult 18+

Session 1: June 30-July 28 (5 weeks - rain make-up 8/4)
Session 2: August 11-Sept. 1 (4 weeks - rain make-up 9/8)

Class	Day	Time	Sess. 1\$	Sess.2\$
Beginner	Th	6:00-7:00 pm	\$73	\$58
Advanced Beginner	Th	6:00-7:00 pm	\$73	\$58
Drill & Play*	Th	7:00-8:30 pm	\$110	\$87
Cardio Tennoga**	Th	7:00-8:30 pm	\$110	\$87

<sup>\*</sup>Drill & Play is for 3.5 players and up.

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<sup>\*\*</sup>Please bring a yoga mat for Cardio Tennoga.

### Community

# **Royal Oak Nature Society**

#### **Protecting Our Nature Parks and Educating the Community**

The Royal Oak Nature Society is a volunteer group working with the city to protect and promote the usage of Royal Oak's two nature preserves, Cummingston Park & Tenhave Woods. They are also developing an arboretum in Worden Park East. If you are interested in joining the conservation effort or just need more information, please contact us at (phone) 248-246-3380 & leave a message, (e-mail) naturesociety@romi. gov (regular mail) 1600 N. Campbell Rd, Royal Oak, 48067 or go to our web page at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of Tenhave Woods, Cummingston Park can be found on our website. There is no pre-registration or cost for our public speaker programs and nature walks.

#### Speaker Program Schedule

Held on Wednesdays at the Royal Oak Middle School unless otherwise noted (709 N. Washington between 11 Mile Rd. and Catalpa) starting at 7:30 pm.

At our monthly meetings, September to June, we present speaker programs. Usually, they are slide shows focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better, as you can meet afterwards and ask the speakers questions.

#### **TOPIC & SPEAKER** DATE

June 1 A short meeting at the Senior Center (3500 Marais) beginning at 7:30 pm and afterwards, a walk through the Arboretum talking about our Oak Savanna & Native Tree Collection

#### **Nature Walk Schedule** Meet at the park/arboretum

There is at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. Wearing boots while in the parks is recommended during the winter and spring months. Dressing appropriately for bugs and using insect repellant is advised from late spring through the end of summer. To learn more about the parks, please come to our naturalist led nature walks listed below.

For Cummingston, park and meet at Torquay and Leafdale (just east of Meijer). For Tenhave Woods (just east of RO High School), park at the Marais/Lexington lot and walk about 300' east to the entrance. For Tenhave Owl Hoots & Full Moon Walks, park and meet at Marais/ Lexington lot. For the Arboretum, park and meet at the Senior/Community Center (3500 Marais) lot-north end.

DATETIME & P	LACE	TOPIC
June 25 (Sat)	10:00 am at Tenhave	Mushroom Walk
June 25 (Sat)	11:00 am at Tenhave	Pond Life
July 6 (Wed)	7:30 pm at Arboretum	Meadow of Arboretum
July 23 (Sat)	10:00 am at Cummingston	Mushroom Walk
Aug. 3 (Wed)	7:30 pm at Arboretum	Meadow of Arboretum
Aug. 27 (Sat)	10:00 am at Tenhave	Mushroom Walk

# **Are You Ready For Some** Football or Cheerleading?

#### If so, Royal Oak Youth Football is looking for you!

We promote sportsmanship, dedication and team work, all in a family fun environment.





#### Player and cheerleader registration will be held on the following dates:

Thursday, May 12 6:00 - 7:30 pm Saturday, May 21 9:00 am - 12 noon

Registration is at the Royal Oak Senior Center

3500 S. Marais Ave. (North off 13 Mile between Main and Crooks) A recent photo and copy of the participant's birth certificate are needed at registration.

We offer youth football and cheerleading for children ages 6 - 13.

Visit our websites for updated information, requirements and football camp: www.royaloakchiefs.com www.royaloakchargers.com

# **Royal Oak Youth Soccer Association Fall 2016**

ROYSA welcomes players at all levels of experience. They must have a birth date on or before July 31, 2012 to be eligible to play this season. You must live in the city of Royal Oak or attend a school in Royal Oak. Please see the website for division levels and fees.

#### **Registration:** Online only at www.roysa.com

We are always in need of coaches. We will provide you with training. No prior experience is needed. We can only accept as many players as we have teams with coaches.

www.roysa.com



### **Registration Information**

# How to Register for Programs and Classes

Registration begins on May 11 for in-person, mail, fax and online submissions.

#### **Mail-In Registration**

You may send a completed registration form (or reasonable facsimile) with payment to:

Royal Oak Recreation PO Box 64 Royal Oak, MI 48068-0064

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

#### **Fax Registration**

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

#### **In Person Registration**

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

#### Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED. No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, LESS SERVICE FEES INDICATED.

**NOTE:** Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities.

# How to Register for Programs Online

#### www.royaloakrec.com

For additional information, click on "answers to frequently asked questions" on the home page.

### Open Online Registration May 11

#### **General Guidelines**

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to "create a new account" through the website. You cannot register for classes as a "guest".

**Online registration will only be available for some programs.** You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

#### **Low Enrollment**

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

#### **Insufficient Funds**

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation 248-246-3180

8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center 248-246-3900

9:00 am to 4:30 pm, Monday - Friday

#### **No Telephone Registrations**

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.

# **Registration Information**

### **Registration Form**

Student Name			Date of Birt	hMale/Female		
Address			City, Zip			
Telephone - Home			Work			
E-mail						
				Start Date		
Class		Day	Time	Start Date		
Amount enclosed: \$ _				stercard DISCOVER'		
Payment Method:	☐ Check	□ Cash	Ма	SterCard VISA DISCOVER		
	☐ Visa/Discover :	#		3-digit Security Code		
	■ Mastercard #_			3-digit Security Code		
	Cardholder Name	e		Expiration Date		
	Signature of Car	dholder				
types of damages or injuries, wh	ether foreseeable or not, susta	ined by myself, my child and o	ther family members while	ctors and the Royal Oak School District from all liability for a participating, watching and traveling to or from this activit		
Signed	(If youth, parent or guardi		Date			
		 Registration				
		negistrati				
Student Name			Date of Birt	hMale/Female		
Address			City, Zip			
Telephone - Home			Work			
E-mail						
Class		Day	Time	Start Date		
Class		Day	Time	Start Date		
Amount enclosed: \$ _				sterCard DISCOVER'		
Payment Method:	☐ Check	□ Cash	Wa	SterCard VISA DISCOVER		
	☐ Visa/Discover :	#		3-digit Security Code		
	Mastercard #_			3-digit Security Code		
		e		Expiration Date		
	Cardholder Nam					
		dholder				
	<b>Signature of Caro</b> hold harmless the City of Roya	l Oak, City of Royal Oak Contra	ctors/Independent Contrac	ctors and the Royal Oak School District from all liability for a participating, watching and traveling to or from this activit		

Summer 2016 13

### **City of Royal Oak**



#### Police Department, 221 E. Third 44th District Court, 400 E. 11 Mile

Groups may reserve the picnic shelters at Starr/Jaycee Park, Memorial and VFW Park. Royal Oak residents and businesses have priority to reserve a shelter January 2 through March 31 for summer 2016; starting April 1, non-residents may apply. Please call 246-3180 for rental fees and a copy of the Park Shelter Reservation/Rental policy. All rentals must be processed in person at the Recreation Department offices in the Department of Public Services building at 1600 N. Campbell, Royal Oak; 8:30 am - 4:30 pm, Monday - Friday.

**Picnic Shelter Rental** 

#### Parke

17

- **18** Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile

Farmers Market, 316 E. 11 Mile

Royal Oak Historical Society Museum, 1411 W. Webster

- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander





1403 Lexington BLVD.
Royal Oak MI 48073
248.246.3950
ROYALOAKICEARENA.COM

# JOHN LINDELL I C E A R E N A ROYAL OAK

Where it all begins.

**LEARN TO SKATE** 

round. Ages 3 & Up. Introduction to figure skating and hockey.

#### ADULT HOCKEY LEAGUE



Summer League:
JUNE - MID AUGUST
Fall/Winter League:
SEPTEMBER - MARCH
Spring League:
APRIL - JUNE

#### OPEN SKATING

LEARN TO

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. GENERAL, ADULT and PRESCHOOL sessions offered. Check schedule for days and times.

#### SK8 JAMZ FRIDAYS





8:15 – 10:05 pm OPEN SKATE WITH A LIVE DJ.

ALL AGES ARE WELCOME.

Skate rental is included in the admission price

# ROYAL OAK

#### **ROYAL OAK FREESTYLE**

Choose from a range of Professional coaches that will guide you to your goals in a motivational environment.

# AEN EDIGE

FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

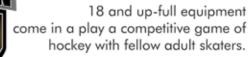


#### ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability Two games per week from May through July

Individual Registration – Jersey included

# DROP IN DROP IN HOCKEY



STICKS & PUCKS

Open to all ages, full equipment required





- Lil Eagles Learn to Play ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt –Midget

#### SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a "positive" learning experience.

**CAMPS OFFERED JULY 26 - AUGUST 18** 

For more information on any of these programs, please visit

ROYALOAKICEARENA.COM

# Leo Mahany / Harold Meininger Senior Community Center

3500 Marais • (248) 246-3900

# Jack & Patti Salter Community Center 1545 E. Lincoln

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

#### **Code of Conduct**

- · Live the Golden Rule
  - Embody Honesty
  - Act with Patience
- Take Responsibility
- Listen Attentively
- · Communicate Effectively
  - · Lead by Example
    - Be Proactive

#### **Live Royal Oak**

Drop in either community center Monday through Friday. Pick up our monthly newsletter, *Times*. Start enjoying opportunities for lifelong education, fitness, and leisure activities. Try a great meal at **Tim's Kitchen** (M/M Center) for \$3. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

#### **Mission Statement:**

The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of race, color, creed, religion, ancestry, national origin, sex, disability or other handicap, age, marital/familial status, or status with regard to public assistance or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

#### **Royal Oak Seniors Resource Center**

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fees to display brochures are \$10 monthly or \$100 yearly.

#### **Rental Information**

The use of the Leo Mahany/Harold Meininger Senior Community Center shall be available to nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Please call (248) 246-3900 for rental fees and room availability.

#### **Special Events and Workshops**

- P	diai Events and	поткыторы
May		
2	Creative Coloring, \$2.00	10:00 am
2	Welcome, Newcomers	10:30 am
3	MSU Food Safety	10:30 am
5	Lunch and Learn	11:30 am
6	BINGO	12:30 pm
9	Lunch and Learn	11:30 am
10	Trader Joe's, \$3.00	12:30 pm
11	Pool Tournament	9:00 am
12	Lunch and Learn	11:30 am
16	Salter Center Book Club	10:00 am
16	Creative Coloring, \$2.00	10:00 am
17	Lunch and Learn	11:30 am
17		
	Craft Creations, \$5.00	10:00 am
19	Travel Show	10:30 am
20	Kerry Price, \$2.00	12:30 am
24	Lunch and Learn	11:30 am
27	Dinner Dance, \$13.00	6:00 pm
June		
3	BINGO	1:00 pm
6	Welcome, Newcomers	10:00 am
6	Creative Coloring, \$2.00	10:00 am
7	MSU Food Safety	10:30 am
9	Pool Tournament	9:00 am
9	Lunch and Learn	11:30 am
10	Handbell Concert	1:15 pm
13	Caregivers Workshop	10:00 am
15	Craft Creations, \$5.00	10:00 am
17	Kerry Price, \$2.00	12:30 pm
20	Creative Coloring, \$2.00	10:00 am
21	Lunch and Learn	11:30 am
22	Lunch and Learn	11:30 am
22	Lunch and Learn	11:30 am
28	Brain Games	10:00 am
	Diairi Garries	10.00 am
July		
1	BINGO	12:30 pm
11	Welcome, Newcomers	10:30 am
12	Lunch and Learn	11:30 am
14	Pool Tournament	9:00 am
15	Kerry Price, \$2.00	12:30 pm
18	Creative Coloring, \$2.00	10:30 am
20	Craft Creations, \$5.00	10:00 am
August		
1	Welcome, Newcomers	10:30 am
1	Creative Coloring, \$2.00	10:30 am
5	BINGO	12:30 pm
11	Pool Tournament	9:00 am
13	Horns and Dogs Concert	3:00 pm
15	Creative Coloring, \$2.00	10:30 am
17	Craft Creations, \$5.00	10:00 am
17		
	Kerry Price, \$2.00	12:30 pm
25	Lunch and Learn	11:30 pm

#### **Medical Equipment Loan Closet**

Senior Center has walkers, wheelchairs, bath stools and such available for loan. There is no charge to borrow an item, keep them as long as necessary and return clean. Clean, working durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment.

# **Day Trips**

#### DIA Series: Gallery Guide Tour \$5 Thursday, June 2 T1006SP 12:15 - 3:30 pm

Our last event in the Series, the Guided Tour explores various art in the museum. There will be a cookie reception after the presentation. Cost includes transportation via motor coach, gallery tour and reception. You may also choose to peruse the museum on your own in lieu of the tour.

#### Eastern Market Tour \$24 Saturday, June 18 T1015SP 9:00 am - 2:00 pm

NOT A SHOPPING TRIP! On this two-hour walking tour, experience the sights, sounds and smells of America's oldest and largest outdoor farmers market. Find out what makes Eastern Market so fascinating and learn about the exciting plans for its future. We'll stop for lunch at Roma Café after the tour – lunch is on your own. Average lunch costs \$11. Cost includes transportation via Senior Bus and guided tour of Eastern Market. You must be able to keep up with the group; wear your walking shoes! If you do go rogue and manage to make a purchase, you must be able to hold it on your lap on the return bus ride.

#### Dow Gardens / Rybicki Tours \$84 Tuesday, June 21 T1018SP 8:30 am - 5:45 pm

Tour the fabulous Dow Gardens in Midland, as well as a guided tour of Bay City, and lunch at the famous Krzysiak's House. Cost includes transportation via motor coach, tours and lunch.

# "The John Denver Experience" at Soaring Eagle Casino \$43 Monday, July 11 T1010SU 8:30 am - 9:00 pm Bianco Tours

Singer, songwriter and tribute artist Ted Vigil looks and sounds just like John Denver! Cost includes transportation via motor coach, show, \$10 slot play and \$5 food voucher.

#### "Canadian Legends" at Huron County Playhouse \$124 Thursday, July 14 T1009SU 8:45 am - 8:15 pm Rybicki Tours

The Huron Country Playhouse is a professional summer stock theater designed to look like clustered barns, in the quaint village of Grand Bend, Ontario. From the creators of the perennially popular Legends series of tribute shows comes a celebration of Canada, saluting musical offerings of such artists as Paul Anka, Anne Murray, Leonard Cohen, Gordon Lightfoot and many more. Cost includes transportation via motor coach and lunch. This tour is going to Canada and requires a valid passport, passport card or enhanced license.

#### Put-In-Bay \$140 Wednesday, July 20 T1008SU 7:00 am - 8:00 pm Rybicki Tours

Take a speedy catamaran ride to South Bass Island, Ohio for a day of fun! Put-In-Bay is Lake Erie's most popular island destination and family fun spot. You'll be greeted with the Island Tour Train upon arrival and embark on a narrated tour of the island. See Perry's International Peace Memorial, the Butterfly House, Antique Car Museum, Heineman Winery and Crystal Cave and buffet lunch. Cost includes transportation via motor coach, tours and lunch.

#### Downtown Detroit Heritage Tour \$22 Thursday, July 28 T1011SU 9:00 am - 1:30 pm

Join us on a two-hour walk through downtown! Explore the plan for the city from the ground up. Way up! Historic high-rises, towering monuments, grand boulevards, parks and plazas are all part of this awardwinning tour. Spanning over 300 years of Detroit history, see Detroit gems from streetscape to skyline. Cost includes transportation via Senior Bus and tour. Weather permitting, we will have lunch at the Riverfront after the tour. Bring a sack lunch (cooler provided) or purchase something at the concession stand at Rivard Plaza. Ability to walk moderate uphill and downhill distances, navigate stairs and keep up with the group is required. Cost includes transportation via Senior Bus and tour.

# Comerica Park Senior Days \$54 Thursday, August 4 T1012SU 11:30 am - end of game \*\*THIS TRIP WILL OPEN FOR REGISTRATION ON JUNE 30, 2016\*\*

Come cheer on our American League Central Champs as they take on the Chicago White Sox! Cost includes transportation via Senior Bus, ticket, hot dog and soft drink. No residency requirements, but only two tickets per person/couple. You must be age 62+.

# Amish Acres Arts & Crafts Festival \$74 Friday, August 5 T1014SU 7:30 am - 9:30 pm Bianco Tours

One of America's premier Arts and Crafts Fairs, the 54th annual festival features classic and contemporary crafts made by a variety of artisans from around the nation. There will be farm wagon rides, 4 stages with entertainment, and great festival food! The site of the festival is America's only old order Amish farm listed in the National Register of Historic Places. Cost includes transportation via motor coach.

More Day Trips on page 24

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# **Extended Trips**

#### Grand Rapids Getaway \$ 224 pp/dbl June 23 - 24, 2016

We're spending the night at the fabulous, historic Amway Grand. Visit Frederik Meijer Gardens, laugh the night away at a comedy club show and take an evening tour of the city. Next day take a leisurely cruise on the rural section of the Grand River while enjoying a picnic lunch aboard the Grand Lady Riverboat. Cost includes transportation via motor coach, accommodations, and admissions. There is no luggage handling, and all meals are on your own. There are many dining options within walking distance of our downtown hotel. \$50 deposit; balance due May 20.

# Colorado Rocky Mountain Spectacular \$1999 pp/dbl July 24 - August 2, 2016 T1000SP Shoreline Tours

From emerald green national forests, fields of vibrant wildflowers and crystalline lakes to Rocky Mountain peaks of 14,000 feet, Colorado has one of the most dramatic and bold natural landscapes in the world. See Boys Town USA, Rocky Mountain Nat'l. Park, Estes Park, Garden of the Gods, Pikes Peak Cog Railway Royal Gorge Bridge and so much more! Cost includes transportation via motor coach, accommodations, 14 meals, all tours. \$100 deposit; balance due May 30, 2016.

#### Wisconsin \$971 pp/dbl July 25 - 29, 2016 Bianco Tours

Journey across Lake Michigan aboard the S.S.Badger Car Ferry; enjoy a 7-mile Sand Dune Ride; take a guided tour of Green Bay and Door County. Enjoy an authentic "Door County Fish Boil", and lunch at a Swedish restaurant that has goats grazing on its sod roof! There will be opportunities to shop and eat a plenty! Cost includes transportation via motor coach, accommodations and tours. \$20 deposit; balance due June 25.

#### Ohio Light Opera \$399 pp/dbl July 29 - 30, 2016 Rybicki Tours

This year's musicals are "Have a Heart" by Jerome Kern, an early groundbreaking story, and "Kiss Me Kate" by Cole Porter. The crowning achievement of Porter's Broadway career, virtually every song in the play became a hit! Cost includes transportation via motor coach to Wooster, Ohio, performances and two meals. \$50 deposit; balance due June 17, 2016.

#### Cleveland Rocks! \$349 pp/dbl July 30 - 31, 2016 Bianco Tours

Explore the Rock and Roll Hall of Fame in depth! The museum collects, preserves and interprets the impact rock music has made on our world. The permanent collection draws from the most impressive and iconic rock and roll artifacts and is dedicated the exploring the past, present and future of music, using film, video, interactive kiosks and, of course, music! Cost includes transportation via motor coach, accommodation at Renaissance Cleveland Hotel, Supper Club dinner and entertainment. \$20 deposit; balance due June 30, 2016.

#### New York City \$1499 pp/dbl August 11 - 16, 2016 Rybicki Tours

Take in the sights of The Big Apple on this jam-packed tour! Enjoy a full day New York sightseeing tour, a Dinner Cruise on the Hudson River, St. Patrick's Cathedral, the Empire State Building, Statue of Liberty and Ellis Island, tour Radio City, and much more! Cost includes transportation via motor coach, accommodations, five meals, all tours. \$200 deposit; balance due June 24, 2016.

#### Great Canadian West \$2999 pp/dbl August 14 - 20, 2016 T1001 W Shoreline Tours

Vancouver, Victoria and Whistler Resort are three of North America's most stunning destinations. Visit one of the world's premier floral show gardens, Butchart Gardens. Take an optional whale watch adventure! Also included is the Sea to Sky Gondola, a Vancouver Harbor Dinner Cruise and a Horse Carriage ride through Stanley Park! Cost includes round-trip airfare, transportation via motor coach, 10 meals, accommodations and much more! \$250 deposit; balance due June 14, 2016.

# Chicago and All that Jazz \$522 pp/dbl August 30 - Sept. 1, 2016 Bianco Tours Stay two nights in downtown Chicago, just a few blocks from the Magnificent Mile, where you'll have plenty of time to shop! Enjoy a guided tour of Chicago, Shedd Aquarium, Navy Pier, the Harold Washington Library featuring the Above and Beyond Memorial from the National Veterans Art Museum. Cost includes transportation via motor coach, accommodations, 5 meals and much more! \$20 deposit; balance due July 30, 2016.

#### Coast of Maine \$1399 pp/dbl September 17 - 23, 2016 T1000SU Shoreline Tours

A land of scenic byways, historic lighthouses, covered bridges, stunning sunsets, water adventure, dramatic coastlines, historic sites and interesting attractions awaits us on our new trip to the beautiful coast of Maine. See Kennebunkport, Portland, Camden, Boothbay Harbor and much more. Cost includes transportation via motor coach, 9 meals, accommodations and all tours. \$100 deposit; balance due August 1, 2016. This trip requires a Passport, Passport Card or Enhanced Drivers License for travel through Canada.

#### U.P. Color Tour \$999 pp/dbl September 19 - 24, 2016

Spend five days in our state's beautiful Upper Peninsula viewing the fall colors and visiting numerous natural and historic attractions. Highlights include Pictured Rocks Boat Cruise, Keweenaw Peninsula tour, Munising Falls, Lake of the Clouds and much more! Cost includes transportation via motor coach, accommodations, 12 meals and admission to all attractions. \$50 deposit; balance due August 8.

# Grand Experience Mackinac Island \$748 dbl/pp October 24 - 27, 2016 T1007SU

Indulge yourself with three nights at the fabulous, historic and legendary Grand Hotel. This annual trip has the most repeat travelers of any of our trips. There are lots of activities, tours and contests or you can just relax and rock on the fabulous front porch. Cost includes transportation via motor coach, accommodations, breakfast each morning, tea and cookies each afternoon, and 5-course dinner each night, a special champagne reception, nightly dancing to the Grand Hotel Orchestra and many extras. BONUS THIS TRIP - complimentary Grand Hotel Luncheon Buffet on Tuesday and Wednesday (a \$30 value)! Also enjoy ½ price in Grand Hotel shops! Deposit of \$425 PER ROOM is due May 25, 2016; Balance due: August 30, 2016.

#### **Welcome Newcomers** 1st Monday, 10:30 am June 6, July 11, August 1

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Receive a complimentary lunch. Call 246-3900 to reserve. Need a ride from your R.O. home? Call 246-3914.

#### **Billiards**

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center, Pool may be played Monday through Friday from 9:00 am to 4:30 pm. There is a 50 cent daily charge or \$3.00 monthly fee for use of the tables. Drop-in Pool Tournaments are held monthly.

#### **Monthly Pool Tournament**

Thursdays, 9:30 am June 9, July 14, August 11

Enjoy a luck-of-the-draw singles tournament for fun and cash prizes. Men and women ages 55+ are welcome. Refreshments served. \$3.00 fee payable at the door.

#### **Drop-In Cards Rubber Bridge**

Mondays, 12:15 pm

Drop in with a partner to play Rubber Bridge, \$1.00. Come early if you have no partner, will try to pair.

#### Pinochle

Tuesdays, 12:30 pm

Drop in for pinochle, meet new friends, \$1.00.

#### **Duplicate Bridge** Wednesdays, 12:30 pm

Drop in with a partner to play Duplicate Bridge, \$2.00.

#### **Euchre**

Thursdays, 12:30 pm

Drop in to join experienced players who like to play Euchre. Play 8 rounds of cards, \$1.00.

#### Mahjongg Drop-In Wednesdays, 9:30 am - 12 noon Fridays, 12:30 - 3:00 pm

Experienced players may drop in and play on Wednesday mornings. Players must follow National Mahjongg League rules only. No charge.

#### **Crochet Creations**

Thursdays, 12:15 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

#### **Helping Hands** Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? Drop by and become a part of this worthwhile group that makes blankets and other items for charity. They work with Beaumont Hospital, Project Linus, a national organization that collects blankets for children who are experiencing illness, trauma and/or crisis, and other local charities. Donations of yarn are needed. Drop off yarn on the days the group meets.

#### **Senior Sew**

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing guilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

#### Sit'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

#### **BINGO!** Try Your Luck!

First Fridays, 12:30 pm May 6, June 3, July 1, August 5

Royal Oak Senior Center will now host Friday Recreational BINGO. BINGO cards are 25 cents per card with a maximum of three (3). Format is five (5) regular games with prizes! ONE Coverall prize at \$5.00. All revenue from BINGO is used towards future BINGO prizes. BINGO is conducted solely for the amusement and recreation of the ROSC guests.

#### **Kerry Price on Piano** 3rd Friday, 12:30 pm June 17, July 15, August 19

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! \$2.00 per program, payable at the door.

#### **Monthly Matinee** 2nd & 4th Friday, 12:30 pm

Enjoy movies but don't like watching them alone? Join us as we show the latest and greatest releases on DVD each month projected on a larger screen. Titles are announced in the *Times*. Suggestions and donations are welcome.

#### "Star-Grabbers" **Amateur Astronomy Club**

2nd & 4th Wednesdays, 10:00 am

Reach for the stars! Observe celestial objects with Bill. They have begun an amateur astronomy club to share their interesting hobby, and teach individuals on the use of telescopes. Plans are being made to meet for Outdoor viewing sessions and Indoor discussion sessions. Drop-in, no charge.

# Ring-A-Thon

The Royal Oak Handbell Choir's 26th Annual Ring-A-Thon will be held 10:00 am - 2:00 pm on Saturday, July 9 at Memorial Park during the Royal Oak Outdoor Art Fair. Bells will peal to delight the Fair's patrons and park-goers, as the all-volunteer choir seeks to raise funds for its yearlong program.

Pledges and donations are being sought by the bellringers. Stop by the park on July 9 or call the Senior Center to offer your support at 248-246-3900.



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#### Financial/Investment Aide

3rd Thursdays, 10:00 am May 19, June 16, July 21, August 18

Hantz Financial will provide financial and tax advice and offer a complimentary review of your current investment portfolio. Call (248) 246-3900 to reserve your free 30-minute appointment.

#### Focus on the News Interested in News 1st & 3rd Tuesdays, 10:30 am

Tired of talking back to your TV set? Join a fun and lively discussion of local, national and intenational news issues. Visitors encouraged. We're always looking for new people.

#### **Foot Doctors**

2nd Wednesday, 9:00-11:00 am June 8, July 13, August 10, Sept. 14

Dr. Robert Adas and Dr. Larry Wexler will see patients at the Center for your convenience with an office in Huntington Woods. Most services will be covered by insurance. Please pre-register.

# Massage Therapy 3rd Thursdays and Fridays by appointment

June 16 & 17, July 14 & 15, August 18 & 19

Licensed Massage Therapist Heidi provides therapeutic massage using the holistic approach. All of these massages provide benefits; help in reducing muscular and nerve pain, and aids relaxation. She provides massage sessions of 30 minutes for \$30, 60 minutes for \$50, or 75 minutes for \$60. Call the Center for an appointment at 248-246-3900.

#### Brain Games — Mind Workout Tuesday, June 28, 10:00 am FREE

Come Join us for an hour of Fun Games and Neuro-Cognitive Stimulation. Home Care Assistance will be here to provide an hour of benefitial Cognitive Therapeutic activities, designed to stimulate the "5" primary cognitive domains. National Institues of Health report, states that cognitive stimulation is associated with slower cognitive decline in Alzheimer's disease, as well as with recent studies on neuroplasticity that suggest that the brain can reorganize itself by forming new neural connections throughout life. Call (248) 246-3900 to register by Friday, June 24.

# Craft Creations: NEW! Simple Crafts Made Easy

3rd Wednesdays, 10:00 - 11:30 am May 18, June 15, July 20, August 17 \$5.00 registration & material fee for each project

Creative projects using simple materials to make easy craft projects. Create your project from start to finish in class. Keep your craft for yourself or give it as a gift. A different craft project each class. All tools and materials will be provided. Instructors: Alice and Hazel

Pre-register at (248) 246-3900. Deadline for registration is the 3rd Monday of every month.

# Creative Coloring for Grown-Ups

1st and 3rd Mondays, 10:30 am June 6 & 20; July 18; August 1 & 15 Drop-in \$2.00 material fee/per class C1094

Creative Coloring for Grown-Ups is coming to Royal Oak Senior Center. Make coloring your NEW hobby. Choose from large Patterns and designs, on professional card stock. Challenge your brain in fine motor movement and detail. Socialize and connect with other color artists, in a relaxed atmosphere, and create a Masterpiece. Studies have shown hobbies like coloring:

- Reduce stress
- Improve concentration and eye to hand coordination
- Boost Self Esteem

Relax, play, and indulge in an activity which will take you back to carefree days.

#### Delightful Drawing Primer Class

Tuesday, June 14 12:30 - 2:00 pm \$15

C1097SP

Have you ever wanted to learn how to draw? In this informative and educational class, instructor Petra E. Boham from PetrArt LLC takes you on a journey of creativity learning the basics of drawing using drawin pencils and your creativity. This class is great for a beginner. All materials provided. Class meets in Room 3.



#### Painting – All Media

Thursday, 9:15 - 11:45 am May 5 - June 23 June 30 - August 18 \$55/8 weeks

C1093SP C1090SU

Mike Byrne is past vice president of the South Oakland Art Association and past president of the Royal Oak Arts Council. Mike is a working artist in many mediums and accepts students from beginner to expert. Supply list is given at sign-up for those without their own supplies. Preregister.

#### **Still Life Drawing Class**

Tuesday, June 28 12:30 - 2:00 pm \$15

C1098SP

Come experience a fun and interactive class while drawing a still life. Instructor Petra E. Boham from PetrArt LLC will lead this class in instructing you how to draw a still life using drawing pencils and your creativity. All materials provided. Class meets in Room 3.

#### **Watercolor Painting**

Friday, 9:15 - 11:30 am

May 6 - June 24 C1096SP

July 1 - August 19 C1091SU

\$55/8weeks

Explore the exciting world of watercolor painting! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. Supply list is given at sign-up for those without their own supplies. Preregister.

#### **Ballroom Dance Class**

Mondays, 1:00 pm

Join instructor Bill Scheff on Monday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime. \$5.00

#### **Round Dance**

Wednesdays, 2:30 - 4:30, beginners Thursdays, 1:00 pm

Renew a basic background in Round Dance. Join the fun – dancing is great exercise. This class instructs phase 3-5 of round dance. \$1.50

#### **Line Dancing**

Fridays, Intermediate, 1:00 pm

Line dancing is not only fun but good exercise as well. And you don't need a partner. Learn the hot country line dances. \$2 payable at each lesson. NO BOOTS.

#### **Aqua Zumba**

Thursdays, 8:30 am July 14 - Sept. 1 \$36 / 8 weeks

**C1046** 

Come and join the Ultimate Pool Party in the RO Middle School Pool. Have fun exercising, dancing, wiggling and getting fit to "make-you-want-to-move" Latin music! All levels welcome to this Zumba workout in the water! No experience necessary. Pre-register.

#### **Chair Exercise with Cindy**

Fridays, 10:30 am

June 3 - July 15 C1025SP

No class July 8

July 22 - August 26 C1025SU \$25 / 6 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasizing posture, coordination, and fall prevention, in a 45-minute workout. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights if you wish. Pre-registration is requested.

#### Chair Yoga Exercise (DVD)

Mondays, 10:30 am

This session is of a "gentle" nature for those of you who are just starting on a fitness program, or those who must not do strenuous exercise.

#### **Healthy Back Class**

Wednesdays, 1:30 pm

June 1 - July 13 C1018SU No class July 6

July 20 - August 24 C1019SU \$25 / 6 weeks

If you have ever experienced acute or chronic back pain, you are in the majority. This class, based on the YMCA's Way to a Healthy Back, is designed to strengthen and stretch back and core muscles in order to prevent back injuries that can often result from everyday activities; to improve posture; and to increase awareness of body mechanics to promote safety in everyday movements. Class is 45 minutes; please bring a mat and water.

Wear comfortable clothing and shoes.

Instructor – Cindy Erlandson. Pre-register.

Call (248) 246-3900 for more information.

Active adults get great results.

# Kuratomi Stretching Wednesdays, 10:30-11:30 am July 6 - 27 C1009SU \$34/4 weeks

New to the U.S.A.! Heal yourself. Balance your muscular and nervous system! Use the power of your own Ki/Chi to correct and naturalize internal organ functions! The Kuratomi Method is inspired by ancient Japanese forms of Shindo, Sonkyo, and Jumon to open the body, mind, and spirit gently and naturally. The student can grow into the stretches, yet they are immediately effective, and all poses are adaptable to all personal needs. Wear comfortable clothing and bring a mat. Pre-register.



#### Pilates/Core Body Conditioning

Mondays,10:30 am July 11 - August 29 \$36 / 8 weeks

C1087SU

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor Cheryl Baugh, ACSM Certified Fitness Instructor.

#### Silver Foxes Monday, Tuesday, Wednesday & Friday, 9:30 am

Low impact aerobic classes for the intermediate exerciser. Increases flexibility and works the heart – all to a Richard Simmons video tape. No fee.

#### Sit Down & Tone Up Tuesday & Thursday, 10:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1-3 lb. weights. Video workout, free!

# Water Aerobics Wednesdays, 8:30 am July 13 - August 31 C1045 \$36/8 weeks

Get a great workout with water exercises that are fun, safe and effective, led by certified instructors. Enjoy a cardiovascular segment lasting 15-20 minutes, along with toning and stretching exercises. You do not need to know how to swim. Locker room available; bring your own lock, towel and suit. Leave valuables at home. Instructor Cheryl Baugh. Pre-register. Pool located at RO Middle School.

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#### **Chair Yoga**

Wednesdays, 12:30 - 1:15 pm

June 1 - July 13 No class July 6 C1020
July 20 - August 24 C1021
\$25 / 6 weeks

Fridays, 11:30 am - 12:15 pm

 June 3 - July 15
 No class July 8
 C1022

 July 22 - August 26
 C1023

 \$25 / 6 weeks
 C1023

It's amazing how much yoga can be done in a chair! This 45-minute class consists of three 15-minute sections, the first and last of which are done seated in the chair. The middle section is done standing using the chair for balance. We focus on breathing and relaxation, stretching for flexibility, and balance practice which also increases muscular strength. The class is accompanied by soothing, stress-relieving music. You will leave feeling rested and rejuvenated.

#### **Gentle Yoga**

Mondays, 9:15 am

June 13 - 27 C1029SU \$15 / 3 weeks

Mondays, 1:00 pm

June 13 - 27 C1030SU

\$15/3 weeks Thursdays, 1:00 pm

June 9 - 30 C1031SU

No class June 23

\$15/3 weeks

Thursdays, 1:00 pm August 4 - 25 C1032SU

\$20 / 4 weeks

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of wellbeing with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

#### Yoga

Tuesdays, 1:00 pm June 28 - August 16 C1074SU \$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor – Cheryl Baugh. Preregister.

#### **Handbells**

#### Fridays, 12:45 pm

Experience the fun of ringing handbells with a group to create beautiful music. According to director Sylvia Hartsoe, playing handbells keeps the mind sharp and leads to excellent eye-hand coordination. This is not a "class" to learn about Handbells. but it is a Handbell Choir which began in September 1988. The best time to join the group is in early September to learn the music which will be performed in late November and early December, or in January for performances from late April to mid-July. No previous Handbell ringing experience is necessary, but some music background with music reading skills is very helpful. Anyone is welcome to come to a rehearsal to observe and see if it is something you would like to join. Giving performances in the community will showcase your skills.

#### Spring Handbell Concert

#### Friday, June 10, 1:15 pm

Enjoy a Spring Spectacular concert featuring the music of the Royal Oak Senior Handbell Choir. Complimentary ice cream and toppings following the concert. No charge.

#### MSU Food Safety and Nutrition Speaker

Tuesday, June 7, 10:30 am FREE

Michigan State University Extension Oakland County will be here at M & M Center to share valuable information concerning food safety and nutrition. Each presentation will have a food demonstration. Please call (248) 246-3900 to RSVP.

June 7 – Quick and Easy Healthy Meals





#### **Computer Club**

Wednesdays, 12:30 pm

Calling all beginners to experienced computer enthusiasts. All levels join our growing club for computer networking and guest speakers discussing "cyber" topics of interest. Guest speakers are listed in the monthly newsletter, *Times*. Donations accepted.

#### **Ask the Computer Lady!**

Tuesdays through August 30

9:15- 9:45 am C1097SU 12:45 - 1:15 pm C1098SU \$20 / 30 minutes OR \$35 for one-hour, 12:45 - 1:45 pm

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, learn how to check your email, or make sure your security is up to date. Call ahead to register and pay: (248) 246-3900.

#### **Laptop Computer Class**

Tuesdays, 10:00 am - 11:00 am

June 7 - 28 C1091SP
July 12 - August 2 C1092SU
August 9 - 30 C1093SU
\$40 / 4 weeks

Set up for beginners and advanced students to bring your own laptop to class and learn to safely use Windows. Preregistration required. A \$5 materials fee due is to instructor at first class. Class size limited to 4. If only one student registers, the class will be shortened to two sessions, effectively becoming a one-on-one.

#### "Get" your Gadget

Tuesdays, 11:15 am - 12:00 pm

**Sessions on consecutive Tuesdays** 

July 12, 19 & 26 C1094SU August 9, 16 & 23 C1095SU \$60 / Three 45-minute One-on-One

This NEW one-on-one class will clean up the mysteries of your tablet, e-reader, cell phone, laptop or camera! You may also use the time for learning basic computer skills on our desktop computers. Remember to bring all cables and power cords along. Call to register for your choice of dates: 248-246-3900.

#### **Lunch and Learn Series**

#### 11:30 am - 1:00 pm

Receive a free lunch from Tim's Kitchen for all whom pre-register and attend a presentation. Presentation last from 11:30 am to 1:00 pm. Out of respect for presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

A1027

# Thursday, June 9 Have fun in summer with a SUMMER SAFETY KIT

Presented by: Sava Senior Care

Are you're excited for summer and want to be able to enjoy the season as much as possible? If so, please join Cambridge HealthCare Centers for an educational and fun presentation on ways to stay active during the summer months. We will be covering everything from how to stay hydrated, health nutrition and ways to avoid heat stroke. Information on different activities you can do both inside and outside will be provided along with a special "summer safety" kit to each registered participant. Registration deadline is June 2.

# Tuesday, June 21 A1026 Tax-free interest special: How to Earn Tax Free Income – Conservative Inc ome Strategies & Michigan Tax Free Municipal Bonds

Presented by: Jonathan H. Strong, CRPC.

- Benefits of tax free investing to earn extra monthly income.
- Ways to earn a higher level of tax free interest on money now at your bank.
- How to create more monthly income now and for future rising coasts of living.
- Different types of conservative tax free investment strategies in an uncertain economy and stock market.
- Tax Free Bond examples include Wayne State University, Beaumont Hospital, Royal Oak Public Schools.
- Question and Answer period at the end of presentation.
- Invite your family members and friends to attend!

Registration deadline is June 16.

#### Tuesday, July 12 What to do when a friend is feeling down

Presented by: Home Care Physicians, P.C.

A1000

This presentation will include: Facts and Stats on depression, types of depression, tell-tale signs of depression, what TO say and what NOT to say to someone with depression. Additionally, you will learn about contributing factors and prevention of depression, and diagnosis and treatment. Registration deadline is July 7.

# Thursday, August 25 A1001 Exploring Home Ownership in Later Life: Benefit or Burden?

Presented by : Right Moves for Seniors - Linda Novak and Carolyn Stieger

Join Founders and Co-owners of Right Moves for Seniors and Right Moves Consignment and Estate Sales, located in Berkley, Michigan for LUNCH. These two Certified Senior Move Managers, will SHARE the hard facts on Home Ownership in Later in Life. You will hear about the details and tactics on move management:

- Staging your home effectively to sell.
- Process of "Right-Sizing" of your potential move.
- How To dispose of the "stuff" that doesn't move.
- · The Move itself.
- · Resettling in Your New Home.

Right Moves is a "one Stop" move management solution for every aspect of senior re-location. Assisting Seniors since 2005. Registration deadline is August 18.





# Caregivers Workshop Free Seminar Monday June 13, 10:00 am Presenter: Sue E. Fabian

Attorney, Geriatric Care Manager, Licensed Professional Counselor, Sole Caregiver & Author. Elder Law Attorney since 2001, and Geriatric Care Manager since 1993.

**CAREGIVERS:** Your Beloved's life is in peril. It's up to you to see them through.

Do you know how to get good care when:

- Your input is not being heard?
- You're tired of being brushed off by busy doctors and nurses?
- Lack of good health care communication causes unforgivable medical mistakes?

Sue twice saved her mother from certain death and countless times from peril without any medical training because she knew what to look for and what questions to ask. Doctors say she added a decade to her mother's life and she forced systemic changes after finding mistakes that could have cost lives.

#### You will learn how to:

- orchestrate and coordinate care providers that typically don't talk with each other
- translate and advocate your loved one's wishes to rushed health care personnel
- investigate and evaluate health care programs and providers

Author of *Birthing Death*, available on Amazon and www.ElderWiseAdvisor.com

Call (248) 246-3900 to register by June 9.

Senior Center classes are open to adults of all ages who are available for daytime activities.

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# **Day Trips**

continued from page 17

"Mamma Mia" at
Huron Country Playhouse \$124
Wednesday, August 24 T1015SU
8:45 am - 8:15 pm Rybicki Tours

A mother...a daughter...three possible dads...and a trip down the aisle you'll never forget as new love blooms and old romances are rekindled on a Greek island full of possibilities! Featuring the chart-topping hits of ABBA, it's a hit forever. Lunch at a local Country Inn near Grand Bend, Ontario. Cost includes transportation via motor coach, lunch and performance. This trip requires a valid passport, passport card or enhanced license for entry into Canada and back into the U.S.

# Discovery Cruise of Detroit River \$TBA August 2016

The calendar is not set at press time yet for Michigan Sea Grant's Summer Discovery Cruises from Lake Erie Metropark. Take an educational and fun 2-hour cruise on our great Detroit River and learn about the history, ecology or geology of this busy waterway. Based on previous years, here are some topic possibilities: Wind, Waves and Weather; River of Time; Bob-Lo History; Eagle's Eye Nature Cruise. Call the Senior Center in May at 248-246-3900 for the Cruise Topic and cost.

# Comerica Park Senior Days \$54 Thursday, September 15 T1013SU 11:30 am - end of game \*\*THIS TRIP WILL OPEN FOR REGISTRATION ON JUNE 30, 2016\*\*

Come cheer on our American League Central Champs as they take on the Minnesota Twins! Cost includes transportation via Senior Bus, ticket, hot dog and soft drink. No residency requirements, but only two tickets per person/couple. You must be age 62+.

#### **Restaurant of the Month**

Join us once a month as we travel near and far, seeking out both familiar and new cuisines. Look for announcements in our monthly Newsletter, or call the Center at (248) 246-3900 for more information.

# "Horns and Dogs" Concert

The Motor City Brass Band will be at the Mahany/ Meininger Senior Community Center on **Saturday, August 13, 2016 at 3:00 pm**. The Center is located at 3500 Marais. Everyone is welcome to come and listen to great music. There will be food to purchase. Remember to bring a chair with you! If you have any questions, please call (248) 246-3900 or visit mcbb. org. Come Rain or Shine!







# Memorial Day Pancake Breakfast

Monday, May 30, 7:00 am - 12 noon

#### Royal Oak Farmers Market

Adults \$6.00 Children 10 & under \$3.00

Proceeds support the Royal Oak Historical Society Museum

# Royal Oak Memorial Day Parade

Monday, May 30, 9:00 am

Begins at Main Street and Harrison and goes north to Second St. and the Royal Oak Veteran's Memorial at Veteran's Plaza between City Hall and the Library.



# Drop-In Sports at the Salter Center

#### **Pickleball**

Mondays, Wednesdays and Fridays 11:00 am - 1:00 pm or 1:00 - 3:00 pm \$2 per session

#### Limit 16 players per session

Pickleball is played with wooden or composite paddles and a whiffle-type ball, a combination of tennis and badminton, easy to learn and great exercise!

#### **Bounce Volleyball**

Tuesdays and Thursdays 11:00 am - 1:00 pm

**Bounce Volleyball**, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

#### **Drop-In Pinochle**

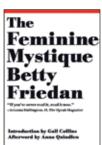
Wednesdays & Fridays, 12:45 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

#### Salter Center Book Club

#### 3rd Monday, 10:00 - 12:00 noon

Are you an avid reader? Would you like to meet with people who share your passion for the written word? Join Mary Ann DeKane, Outreach Librarian from the Royal Oak Public Library, and members in the reading and discussing of the following popular selections:



TRUE NORTH Jim Harrison May 16, 2015 The Feminine

Mystique by
Betty Friedan

June 20, 2016 True North by Jim Harrison

July 18, 2016 -Title TBA

August 15, 2016 -Title TBA

#### **Balance Training**

Fridays, 12:30 - 1:00 pm

June 3 - July 22 No class July 1, July 15

Cost: \$25/6 weeks

Feeling unsteady? Loss of balance often results in falling and bone fractures. This 30-minute workout is designed to build bone, strengthen core, pelvic and leg muscles while improving posture and balance. Fun and innovative exercises keep you smiling and moving! Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching fitness classes since 1994.

#### **Helping Hands**

#### Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.



#### Let's Walk!

#### Monday - Friday, 8:30 am - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join *Let's Walk!* and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

#### Sit Down & Tone Up

#### Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

#### Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

#### **SUMMER 1**

**SA2007** 

Mondays: June 6 - July 18

No class July 4

Wednesdays: June 8 - July 13 Fridays: June 10 - July 15

Fee: \$26 / 6 weeks for 1 day \$46 / 6 weeks for 2 days \$46 / 6 weeks for 3 days \$A 2018

\$5 drop-in fee

#### **SUMMER 2**

Mondays: July 25 - Aug. 29 Wednesdays: July 27 - Aug. 31 Fridays: July 29 - Sept. 2

Fee: \$26/6 weeks for 1 day SA 2008 \$46/6 weeks for 2 days SA 2009 \$64/6 weeks for 3 days SA 2010 \$5 drop-in fee

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

#### Yoga

# Thursdays at Salter Center, 10:15 am June 23 - August 11 SA 2015 \$36/8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor – Cheryl Baugh. Preregister.



#### Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a

variety of supportive services to Royal Oak residents age 62 and over. Payment is made directly to the contracted worker. A \$5 registration fee per year is required (assistance with payment is available to qualifying low-income seniors). The City of Royal Oak sponsors this service. Call 246-3900 Monday - Friday.

**Home Chores** – If you reside in Royal Oak, you are eligible to have household tasks such as yardwork, housework and gutters (first level) cleaned for you. No windows, weeding, wall washing or roofing.

**Home Repairs** – Repairs that do not require a licensed contractor are available to homeowners. Repairs include minor plumbing, carpentry and minor electrical.

**Personal Care** – Includes assistance with activities of daily living: bathing, feeding, shampoos, dressing and help with ambulating.

# Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

#### **Looking for a Few Good Volunteers!**

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

#### **Alzheimer Support Group**

4th Monday, 10:00 am May 23, June 27, July 25, August 22

This group is an opportunity for caregivers to share information and learn from others in a supportive, caring environment. Contact the Alzheimer's Association at 800-272-3900.

#### **Aphasia Support Group**

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

#### **Deaf Assistance Group**

Wednesdays, 9:00 am

We welcome deaf adults for socialization each Wednesday.

#### Hearing Tests/ Clean Hearing Aids

Tuesdays, 1:00 pm May 10, July 12, Sept. 13

Zounds will provide free Hearing Tests and Hearing Aid Cleanings every other month. Call (248) 246-3900 for a 15-minute appointment.

#### **Legal Aid**

# 3rd Thursday (Senior/Community Center) May 19, June 16, July 21, August 18

Do you have a legal issue to resolve, but are not sure you need to engage the services of an attorney? Kent Schultz, Attorney at Law, will provide free 15-minute consultations to senior citizens each month. A fee will be charged for additional services. Call (248) 246-3900 for an appointment. Can't make it to the Center? Call Mr. Schultz at (248) 541-2567 to schedule a complimentary home visit.

#### Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

#### **Outreach**

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

#### P.A.L. (Positive Attitude Living) Fridays, 10:30 am

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

#### Tim's Kitchen

Enjoy meals, \$3.00, prepared from scratch in the Mahany/Meininger Center kitchen Monday - Friday. Chef Tim Campbell's old favorites and new creations are nutritious, filling, and delicious! Call for monthly menus.

- Call (248) 246-3900, at least 1 day in advance to reserve a meal.
- Call to cancel reservations if unable to attend.
- Purchase meal vouchers (5 or 10 meals) at any time. Great gift idea!
- Bus fee is waived if you ride the bus to the Center for lunch!
- Menu subject to change based on availability of food supplies.

#### Carry-outs now available \$3.50

**Meals on Wheels** are available to home bound residents unable to travel to the Center. Call Emerald Food Services at (248) 689-0001 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

#### **Transportation**

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults who are permanently handicapped. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. The driver will assist with bags of groceries. Call (248) 246-3914 between the hours of 9:30 am - 12:30 pm to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. All buses are equipped with lifts for the handicapped. Prepaid tickets are available: \$19.00 / 5 round-trip tickets and \$14.00 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health Systems, SMART Municipal and Community Credit Funds, and rider donations.

# Royal Oak Life Now Playing

**Mayor**Jim Ellison

Sharlan Douglas Kyle DuBuc

#### **City Commission**

Michael Fournier, Mayor Pro Tem Jeremy Mahrle Pat Paruch David J. Poulton



#### 46th Annual

# Royal Oak Outdoor Art Fair July 9-10 in Memorial Park

Saturday, July 9, 10:00 am - 6:00 pm Sunday, July 10, 10:00 am - 5:00 pm

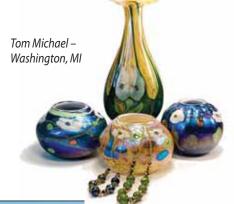
The Royal Oak Outdoor Art Fair is a juried fine arts fair in its 46th year. It is set amoung the beautiful trees of Memorial Park at the corner of 13 Mile and Woodward. The fair offers a unique blend of fine art and fine crafts. The show attracts artists from across the country and ranks as one of the top fairs in the U.S. Art work will be for sale in many categories including drawing, painting, photography, clay, collage, glass, metal, wood, jewelry, leather/fiber and mixed media.

The Art Fair offers an excellent opportunity to purchase an original item for your home, office or as a gift. Food concessions will be on site for lunch and dinner.

Co-sponsored by Royal Oak Recreation and the Royal Oak Arts Council. *No dogs allowed in the park.* 



Chris Pawlik – Anchorville, MI





Anita Spencer – Lapeer, MI



R.C. Fulwiler - Saugatuck, MI



Leif Sporck – Suttons Bay, MI

# Styrofoam Now Recycled at SOCRRA Drop-off Center

On December 1, 2014, SOCRRA began accepting styrofoam (polystyrene foam) at the Recycling Drop-off Center. You may now drop off the following styrofoam items:

- Cups
- · Takeout containers
- Egg cartons
- · Meat trays
- Food trays/lunch trays
- Packaging foam such as molded forms and shapes (no packaging peanuts, please)

For successful recycling, please follow these guidelines:

- Make sure all items are clean and rinsed to remove food remnants
- Please <u>do not</u> place foam items in your curbside bin. This program is available only at our drop-off center located at 995 Coolidge (across from the Meijer Gas Station).

# Royal Oak Memorial Day Parade

# Monday, May 30, 9:00 am

Begins at Main Street and Harrison and goes north to Second St. and the Royal Oak Veteran's Memorial at Veteran's Plaza between City Hall and the Library.



#### **Refuse and Recycling Directory**

Department of Public Services (DPS)...

248-246-3300

(Calls regarding garbage and recycling pickups should call DPS at 246-3300)

SOCRRA MRF/Drop-off Center 995 Coolidge......

248-288-5150

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive batteries; paperback and hardcover books; all paper (except carbon); CDs/DVDs/VHS; floppy disks; cassette tapes (all cases recycled separately); used clothing; screw-off lids/caps; plastic bags (no twine or hard plastic handles; no frozen food bags). **NEW: styrofoam** (no peanuts).

#### **Household Hazardous Waste Disposal & Electronic Recycling**

Drop-off at 995 Coolidge: Mon.-Fri., 8:00 am-3:30 pm; Wed., 8:00 am-5:30 pm; Sat., 8:00 am-2:00 pm NO APPOINTMENT NECESSARY Visit socrra.org for more information.

**Hazardous Waste** – To dispose of: Motor oil, solvents, yard chemicals, fluorescent light bulbs, insulin syringes, oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned.

**Used Electronics** – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc.

**Recyclables** – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; small scrap metal; newspaper; magazines, catalogs, paper, mail, paperback books, all paper (put in paper/plastic bags); food/beverage/drink/juice boxes, paper cups; phone books; corrugated cardboard; paperboard; household batteries (in clear baggies). Prepare according to instruction sheet, place loose in recycling bin, except paper, and set at curb on refuse day before 7:00 am.

**Regular Refuse** – Put household materials in containers 20 to 32 gallon (maximum size) or in 20 to 30 gallon plastic bags and put at curb by 7:00 am. Cans and bags cannot be over 40 lbs. Containers under 20 gallon will be considered expendable and will be thrown out with the trash. **Yard waste cannot be mixed with trash at any time.** 

**Yard Waste** – Picked up curbside from April 1 to mid-December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 40 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash mid-Dec. to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

**Leaf Vacuum Program** begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb on refuse day. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

**Brush, Tree Trimmings & Shrubs** – Tie woody material between 2"-5" in diameter in bundles up to 4'long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact the city's recommended chipping contractor, JH Hart 586-795-5581. Limbs over 5", the trunk and root system must be disposed of privately.

**Broken Glass** – Wrap in heavy paper or place in cardboard box or metal can with lid. Put with regular refuse NOT in recycling bin.

**Cardboard** – Flatten and tape or tie into bundles OR stuff smaller flattened boxes into larger box, **no larger than your recycle bin** (23" L x 16" W x 13" H).

**Appliances** (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side.

**Carpeting & Padding** – Roll and securely tie no longer than 4' and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

**Latex Paint** – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

**Excluded Curbside Items** – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, stumps, engines, transmissions, rear axles, construction items, loose items such as bricks, concrete (even if it's attached to something), root balls, dirt or sod. These materials must be disposed of privately. See www. socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

**Holiday Refuse Collection** – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



#### Clerk's Corner

#### **2016 Election Dates**

There will be two more elections held in 2016. The Primary Election is scheduled for Tuesday, August 2. The Presidential Election is scheduled for Tuesday, November 8. In order to be eligible to vote, you must be a citizen of the United States, at least 18 years of age on or before Election day, have been a resident of Michigan at least 30 days prior to the election and have registered on or before the close of registration (30 days prior) preceding the election. If you are interested in serving as an election inspector, please visit the website at www.romi.gov/departments/city-clerk/election-inspector.

#### **Dog Licenses**

Dog Licenses are available in the Clerk's Office. **All dogs must be licensed by their owner** (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three year license is \$20 for dogs that are spayed or neutered. A three year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses.

#### **Mark Twain Dog Park FOBS**

Dog Park applications are available on our website at www.romi.gov/portal/general-information/forms-and-applications or in person at the City Clerk's office. The application and waiver must be completely filled out and brought into the City Clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordatella, Distemper, Parvovirus and Rabies)



and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.

#### **Regular City Commission Meetings**

The City Commission meets regularly on the 2nd and 4th Monday of each month (unless otherwise noted) at 7:30 PM in the City Commission Chambers, which is located in Room 315 of City Hall, 211 Williams Street. The regularly scheduled meetings are broadcast live on Channel 17 for Comcast customers and Channel 10 for WOW customers. The agendas are always posted online at www.romi.gov/departments/city-commission the Friday prior to the scheduled meeting.

# City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to repair single family, owner occupied households. Royal Oak's Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs.

**Grants** are available for exterior work only, up to \$10,000. Grants are forgivable over 10 years at 10% per year. Grants may be combined with loans.

**Installment loans** up to \$40,000 interest charge **0%**.

Owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$37,450	5	\$57,800
2	\$42,800	6	\$62,100
3	\$48,150	7	\$66,350
4	\$53,500	8	\$70,650

**Deferred loans** up to \$40,000 interest charge **3%** home homeowners on limited incomes require no payment for a period of time as determined by the Loan Committee.

Applicants for deferred loans must have a household income that does not exceed the following:

<b>Family Size</b>	Max. Income	<b>Family Size</b>	Max. Income
1	\$23,450	5	\$36,150
2	\$26,800	6	\$38,850
3	\$30,150	7	\$41,500
4	\$33,450	8	\$44.200

The City assists homeowners with the project from determining the work necessary, bidding the work and contracts. Applicants aren't required to pay fees or put money down. The program is required to address lead-based paint hazards.

For more information call (248) 246-3292 or visit www.romi.gov



THE CITY OF ROYAL OAK PROVIDES EQUAL HOUSING OPPORTUNITY



#### **Drinking Water: We Need Your Help**

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

#### **What to Do About Sewer Problems**

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm)Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

# Residential Customers with Underground Lawn Sprinkling Systems

The City of Royal Oak's approved Cross Connection Plan by the State of Michigan Department of Environmental Quality (MDEQ), states that backflow preventers installed on residential underground lawn sprinkling systems must be tested by a certified technician every three years (see picture below). This device is usually installed on the outside of the home for lawn irrigation. The City of Royal Oak has contracted with Hydro Corp. to manage this program. This spring, letters will be addressed to home owners that are required to have their backflow devices tested. The letter will include a list of certified testers that have previously tested backflow devices in the city. A test form will be filled out

completely by the technician and returned to Hydro Corp. Please contact Hydro Corp. at 248-250-5000 with questions pertaining to the cross connection program.



#### **At Your Service**

At Your Service	
Emergency Calls Only Police, Fire & Ambulance	911
General Information	
Animal Complaint	
Animal Shelter 1515 N. Edgeworth	
Assessor	
Building Inspection	248-246-3210
Building Inspection Requests	
Building Inspection Fax	
Cable TV (WROK) 222 E. 11 Mile Rd	
Questions regarding Comcast	
Questions regarding WOW	
City Attorney	
City Clerk	
City Manager	
Code Enforcement 24-hour Hotline	240-240-3210
44th District Court	
Probation, 400 E. 11 Mile	
Engineering	
Farmers Market 316 E. 11 Mile	248-246-3276
Finance	
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency	
Fire Prevention Bureau	
Housing Assistance - Rehabilitation Loans	
Human Resources	
Ice Arena 1403 Lexington Blvd	248-246-3950
Information Systems	
Landlord Licensing Program	
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais	
Massau	
Mayor	
Orson Starr House 3123 N. Main St	248-588-0170
Orson Starr House 3123 N. Main StParks & Forestry	248-588-0170 248-246-3300
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# ROOTS Encourages Philanthropy to Enrich Quality of Life in Royal Oak

Over the years have you ever utilized a service provided by the City of Royal Oak that you thought was so good that you would like your fellow citizens be able to benefit from it? Or have you ever felt that the helpfulness and kindness shown to you by our city employees was of such excellent quality that you would like to see others enjoy it for years to come?

If you feel passionate about the services you receive or are provided by the City of Royal Oak, you can help perpetuate them by making a donation or gift to Royal Oak Opportunity to Serve (ROOTS) to support your cause or special interest. Contributions can be earmarked for a specific public purpose such as the Farmer's Market, the Historical Commission, the Nature Society or Parks and Recreation or you can leave the decision of how to best use your gift to the ROOTS community volunteers.

Donations can be made by check or by bequest in your will or trust agreement. You can even endow your gift so that it can be invested in a fund with the income generated being used for a specific program of service.

Go to www.romi.gov/roots and learn how your ROOTS donation can strengthen the spirit of our community.

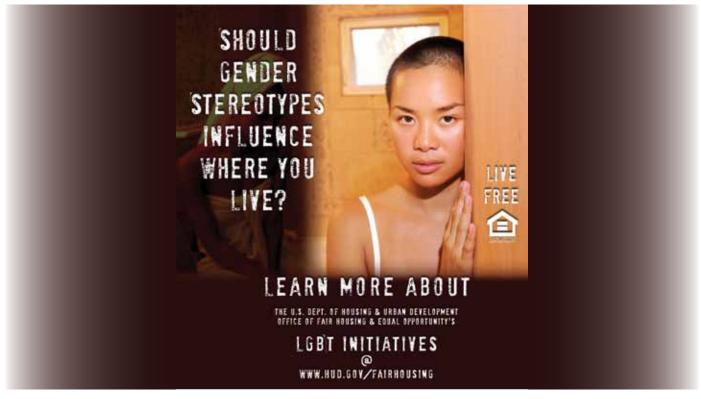




#### **ROOTS Dollars at Work**

ROOTS donations are making it possible for the historic Orson Starr House, 3121 N. Main, to get some much-needed renovations.

The Starr House was in desperate need of plaster repair and new interior paint. Thanks to ROOTS donations, the Royal Oak Historical Commission was able to hire the Royal Oak Painting Company in April to give the Starr House a fresh coat of classic white paint from Sherwin Williams' Heritage Collection paint.





# FAR EAST

CHINESE & THAI FOOD

248.288.8880

1216 West 14 Mile • Clawson Northeast Corner of 14 Mile & Crooks



Mon-Thurs: 11 am-9pm Fri: 11am-9:30pm Sat: 3pm - 9:30pm - Sun: 11cm-9pm







**Check Out Our Daily Lunch Specials WEEKDAYS FROM** 11am-2pm

STARTING AT \$595

 WE DO NOT USE MSG NO TRANS FAT

14 Mile

Far East



**ANY TWO** DINNER COMBOS

FAR EAST

Cannot be combined with any other w/coupon/special. Must have coupon present One coupon per ous Expires 7/30/16

ONLINE CODE SV155

FAR EAST Cannot be combined with any other officioapon/lipedal. Must have coupon present One coupon per customertparty/order. Expires 7/30/16

ON PURCHASE OF \$25 OR MORE

FAR EAST

Capnot he combined with any other /coupon/special, Must have coupon pres One coupon per customer/party/order Expires 7/30/16

CATERING PANS TO GO

CHECK OUT OUR MENU ON BACK

CALL FOR MORE **OPTIONS & DETAILS** 

**BOOK EARLY FOR** DISCOUNTS!







# **FARMERS MARKET**

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.** 

#### **Open All Year!**

#### Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am 1:00 pm, May December
- Saturdays, 7:00 am 1:00 pm, All year

#### Antique & Collectible Vendors are at the market

• Sundays, 8:00 am - 3:00 pm

#### **Calendar of Events at the Market:**

May		
11	Wed	Food Truck Rally (5:00 - 9:00 pm)
14	Sat	Tequila Mundo (7:00 - 11:00 pm)
30	Mon	RO Historical Society Pancake Breakfast
		(7:00 am - 12 noon)
June		
4	Sat	Cocktail Confidential (6:30 - 11:00 pm)
7	Tues	Crime Prevention Clinic (5:00 - 9:00 pm)
8	Wed	Food Truck Rally (5:00 - 9:00 pm)
9	Thurs	Motor City Taste Fest (6:30 - 10:30 pm)
14	Tues	Red Cross Blood Drive (1:00 - 7:00 pm)
18	Sat	Summer Beerfest (6:30 - 11:00 pm)
21	Tues	PBS Barney Event (shows @ 9am, 1pm & 5pm)
22	Wed	PBS Barney Event (shows @ 9am, 1pm & 5pm)
24	Fri	Water Works Fundraiser (6:30 - 10:00 pm)
July		
13	Wed	Food Truck Rally (5:00 - 9:00 pm)
14	Thurs	Greater Detroit Asian Fest (6:00 - 10:00 pm)
16	Sat	Armenia Fest (5:00 - 11:00 pm)
18	Mon	Safety Town (9:00 am - 3:30 pm)
22	Fri	Big Grill Burger Bash (6:30 - 11:00 pm)
Augus	t	
2	Tues	Election Day
10	Wed	Food Truck Rally (5:00 - 9:00 pm)
12	Fri	Project Fresh Coupon Distribution (7:00 am-1:00 pm
13	Sat	Corn Roast (9:00 am - 3:00 pm)
18	Thurs	Royal Oak Dream Fest (6:00 - 11:00 pm)
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Royal Oak Dream Fest (6:00 - 11:00 pm)



19

Fri

#### Like us on Facebook!

# Save the Dates! Downtown Summer Concert Series Returns

The Royal Oak Commission for the Arts will bring its summer concert series to the heart of downtown Royal Oak with weekly performances by some of the area's top bands on Thursdays in July and August.

The six-week summer concert series takes place in the Center Street Pop-Up Park on Center Street between Third and Fourth Streets beginning July 14.

All concerts begin at 6:00 p.m. and run through 9:00 p.m. There are three new and exciting bands each week!

Presented by



#### **Royal Oak Animal Shelter**

The Royal Oak Animal Shelter is operated as a City service under management of the Royal Oak Police Department. Our goals are to provide a safe haven for lost animals or animals given up by their owners; to reunite lost animals with their human companions, and to provide the best possible adoptions of available animals into the home best suited to their personalities.

#### **Contact**

1515 N. Edgeworth, Royal Oak, MI 48067 (248) 246-3364 www.romi.gov/portal/community-links/

animal-shelter

#### **Open Hours**

Monday - Friday: 4:00 - 7:00pm Saturday: 11:00 am - 3:00 pm Sunday: Closed

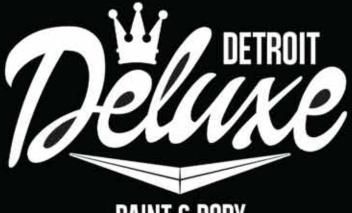


# Pet Supplies Plus Hosts Litter Drive for Animal Shelter

The Royal Oak Animal Shelter and Pet Supplies Plus, 29402 Woodward, have an ongoing and successful kitty litter partnership. Here's how it works. Anyone can purchase a bag of kitty at the store and it will be held until someone from the animal shelter picks it up. You don't have to lift it; just donate it. It's an easy way to help the shelter cat population.



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# Royal Oak

### **Woodward Dream Cruise Spectator Guide**



The Woodward Dream Cruise will be ready to roll from 9:00 a.m. to 9:00 p.m. on August 20. City officials estimate the world's largest one-day celebration of classic car culture attracts more than 1 million visitors to Royal Oak and surrounding areas.

Since Royal Oak has the longest stretch of Woodward Avenue (4 miles) in

Oakland County, it's generally considered the epicenter of the event. Here's a guide of DOs and DONT's for spectators that maximize enjoyment while minimizing concerns for the Royal Oak Police Department at the big event:

- **DON'T** use the median to watch the event. Medians must remain clear for law enforcement vehicles and ambulances.
- **DON'T** bring alcohol to event. The alcohol-free policy is strictly enforced.
- **DON'T** block the sidewalk with your lawn chair or bike. Sidewalks must remain clear at all times.
- **DON'T** drive recklessly or carelessly or you WILL be ticketed. This is a family-friendly event.

- **DO** use caution to make it safe for all.
- **DON'T** block driveways if you park in the neighborhoods. Please be courteous.
- **DO** park for FREE at Upton Elementary and take a shuttle (also free) to Memorial Park or pay \$10 to park at Gunn-Dyer at Chester Road, east of Woodward; south of Normandy. The Gunn-Dyer lot is run by the Royal Oak Nature Society.
- **DO** let kids run off energy at the Family Fun Zone at Pioneer Park, located at Parkway Drive and Normandy; west of Woodward.
- **DO** race down Woodward in your running shoes! The "Cruise In Shoes" 5k Run/Walk begins at 7:30 a.m. on Aug. 20. For more information go to: www.cruiseinshoes.com





# **Upton Pickleball Courts Grand Opening**

Wednesday, June 1 from 6:00 - 7:30 pm **Location: Upton Courts at 4358 Mandalay** Royal Oak, MI 48073 (behind Ray's Ice Cream)



Local players from the Royal Oak Pickleball Club and the Southeastern Michigan Pickleball Association are offering basic lessons and will share with you why they love to play pickleball!

#### What's happening on June 1:

- Meet local players and learn some of the basics of pickleball play
- Find out why pickleball is one of the fastest growing sports in the US.
- Sign up for Beginner lessons that will be given on the following four Wednesdays: June 8, 15, 22 and 29 at Upton Courts
- · Demo paddles (you can try them before you buy)
- · Snacks including Gatorade, water and energy bars will be provided.
- All ages welcome

For more info: Mary Stratton at marstratton@gmail.com or visit www.southeastmichiganpba.com



# Prevention is a big part of being a Royal Oak Fire Fighter



Last year, 142 Michigan babies died in an unsafe sleep environment. 100% of these deaths were preventable.

DOSE (Direct On-Scene Education) is an innovative model aimed at preventing sleep-related infant death due to positional asphyxia and strangulation. The department uses fire fighters to identify and remove hazards

while delivering education to parents and caregivers of infants while on scene, during emergency and non-emergency 911 calls.

Royal Oak Fire Fighters are joining Oakland County Safe Kids and the State of Michigan EMS for Children to eliminate these preventable deaths. Fire Fighters completed their training in March and are providing the lifesaving education to residents daily.

#### **Residential Lock Box Milestone**

When you need help firefighters are going to get through your door, the only question is which "key" do you want them to use. The Royal Oak Fire Department expects to install its 100th residential lock box soon, only a year since starting the program.

A residential lock-box is a metal box that is attached to the door of your home. The program is available to all Royal Oak residents. A key to your house is secured inside the box and access to the box can only be obtained by a master key created specifically for the Royal Oak Fire Department, similar to real estate boxes. This master key



remains secured on Fire Department apparatus and is only accessible to Royal Oak Fire Department Personnel. In the event of an emergency in which you are unable to open the door the Fire Department can use their master key to open the lock-box and access your house key.

Contact the Fire Department at 248-246-3800 for more information. Lock boxes can be purchased at Frentz and Sons Hardware for about \$35.



#### June 11 & 12: Clay, Glass & Metal Show

Held in the heart of downtown, featuring works created from heat under pressure from fire and dirt, ranging from jewelry to large, decorative items in a variety of price points. Hours: Saturday, June 11 from 10:00 am - 7:00 pm and Sunday, June 12 from 11:00 am - 5:00 pm. On Washington Avenue between 4th Street & Lincoln.

#### September 2 - 5: Ford Arts, Beats & Eats

The festival offers more than 200 performances on nine stages, a highly ranked Juried Fine Arts Show, and local restaurants with some of the finest cuisine in Metro Detroit. Each year international, regional and local attractions at the festival make the City of Royal Oak the premier destination for Labor Day weekend.





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### City of Royal Oak 2015 Report on Water Quality

# 2015 Consumers Annual Report on Water Quality ATTENTION: This is an important report on water quality and safety

The City of Royal Oak, The Southeastern Oakland County Water Authority and the Detroit Water and Sewerage Department (DWSD) are proud of the fine drinking water they supply and are honored to provide this report to you. The 2015 Consumers Annual Report on Water Quality shows the sources of our water, lists the results of our tests, and contains important information about water and health. We will notify you immediately if there is ever any reason for concern about our water. We are pleased to show you how we have surpassed water quality standards as mandated by the Environmental Protection Agency (EPA) and the Michigan Department of Environmental Quality (MDEQ).

### **About the System**

The City of Royal Oak purchases water from the Southeastern Oakland County Water Authority (SOCWA) at thirteen locations. SOCWA provides Detroit water through its member distribution systems to a population of 210,000 within a 56 square mile area. Current members are: Berkley, Beverly Hills, Bingham Farms, Birmingham, Clawson, Huntington Woods, Lathrup Village, Pleasant Ridge, Royal Oak, Southfield and Southfield Township and to our customers Bloomfield Hills and Bloomfield Township.

Your source water may at times come from the Detroit River, situated within the Lake St. Clair, Clinton River, Detroit River, Rouge River, Ecorse River, in the U.S. and parts of the Thames River, Little River, Turkey Creek and Sydenham watersheds in Canada. The Michigan Department of Environmental Quality in partnership with the U.S. Geological Survey, the Detroit Water and Sewerage Department, and the Michigan Public Health Institute performed a source water assessment in 2004 to determine the susceptibility of potential contamination. The susceptibility rating is on a seven-tiered scale from "very low" to "very high" based primarily on geologic sensitivity, water chemistry, and contaminant sources. The susceptibility of our Detroit River source water intakes were determined to be highly susceptible to potential contamination. However, all four Detroit water treatment plants that use source water from Detroit River have historically provided satisfactory treatment of this source water to meet drinking water standards.

#### And

Your source water may at times come from the lower Lake Huron watershed. The watershed includes numerous short, seasonal streams that drain to Lake Huron. The Michigan Department of Environmental Quality in partnership with the U.S. Geological Survey, the Detroit Water and Sewerage Department, and the Michigan Public Health Institute performed a source water assessment in 2004 to determine the susceptibility of potential contamination. The susceptibility rating is a seven-tiered scale ranging from "very low" to "very high" based primarily on geologic sensitivity, water chemistry, and contaminant

sources. The Lake Huron Source water intake is categorized as having a moderately low susceptibility to potential contaminant sources. The Lake Huron water treatment plant has historically provided satisfactory treatment of this source water to meet drinking water standards. In 2015, DWSD received a grant from The Michigan Department of Environmental Quality to develop a source water protection program for the Lake Huron water treatment plant intake. The program includes seven elements that include the following: roles and duties of government units and water supply agencies, delineation of a source water protection area, identification of potential of source water protection area, management approaches for protection, contingency plans, siting of new sources and public participation. If you would like to know more information about the Source Water Assessment Report, please contact DWSD Water Quality Division at (313) 926-8102.

	1	Key to the Detected Contaminants Tables
Symbol	Abbreviation for	Definition/Explanation
>	Greater than	
AL	Action Level	The concentration of a contaminant, which, if exceeded, triggers treatment or other requiments which a water system must follow.
HAA5	Haloacetic acids	HAA5 is the total of bromoacetic, chloroacetic, dibromoacetic, dichloroacetic, and trichloroacetic acids. Compliance is based on the total.
LRAA	Locational Running Annua	l Averarage
MCL	Maximum Contaminant Level	The highest level of a contaminant that is allowed in drinking water. MCLs are set as clo to the MCLGs as feasible using the best available treatment technology.
MCLG	Maximum Contaminant Level Goal	The level of contaminant in drinking water below which there is no known or expected ris to health.
MRDL	Maximum Residual Disinfectant Level	The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MRDLG	Maximum Residual Disinfectant Level Goal	The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbi contaminants.
n/a	Not applicable	
ND	Not Detected	
NTU	Nephelometric Turbidity Units	Measures the cloudiness of water.
pCi/L	Picocuries per Liter	A measure of radioactivity.
ppb	Parts per billion (one in one billion)	The ppb is equivalent to micrograms per liter. A microgram = 1/1000 milligram.
ppm	Parts per million (one in one million)	The ppm is equivalent to milligrams per liter. A milligram = 1/1000 gram.
RAA	Running Annual Average	
TT	Treatment Technique	A required process intended to reduce the level of a contaminant in drinking water.
TTHM	Total Trihalomethanes	Total Trihalomethanes is the sum of chloroform, bromodichloromethane, dibromochloromethane and bromoform. Compliance is based on the total.
μmhos	Micromhos	Measure of electrical conductance of water.
°C	Celsius	A scale of temperature in which water freezes at 0° and boils at 100° under standard conditi

### City of Royal Oak 2015 Report on Water Quality

Sprin	Springwells Water Treatment Plant 2015 Regulated Detected Contaminants Tables									
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water		
Inorganic Chemicals - Monitoring at Plant Finished Water Tap										
Fluoride	5/11/2015	ppm	4	4	0.45	n/a	No	Erosion of natural deposits; Water additive, which promotes strong teeth; Discharge from fertilizer and aluminum factories.		
Nitrate	5/11/2015	ppm	10	10	0.33	n/a	No	Runoff from fertilizer use: Leaching from septic tanks, sewage; Erosion of natural deposits.		
Disinfectant Residuals - Monitoring in DWSD Distribution System by Treatment Plant										
Regulated Contaminant	Test Date	Unit	Health Goal MRDGL	Allowed Level MRDL	Highest Level RAA	Range of Detection	Violation yes/no	Major Sources in Drinking Water		
Total Chlorine Residual	Jan-Dec 2015	ppm	4	4	0.74	0.66-0.79	No	Water additive to control microbes		
		2015	Turbidity	- Monitor	ed every 4	hours at Pla	nt Finished	l Water Tap		
Highest Single I Cannot exceed 1		ent	Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)					Violation Yes/No	Major Sources in Drinking Water	
0.18 NTU					100%			No	Soil Runoff	
Turbidity is a me	asure of the	cloudines	s of water.	We moni	tor it becar	ase it is a goo	d indicator	of the effect	iveness of our filtration system.	
Regulated Contaminant			Tre	atment Te	chnique			Турі	ical Source of Contaminant	
Total Organic Carbon (ppm)	betwee	en the actu FOC was m	al TOC re leasured e	moval and ach month	the TOC r	s calculated a emoval requi use the level v emoval.	Erosion of natural deposits			
				20	15 Specia	Monitoring				
Contaminant		MCLO	ì	MCL	Leve	Detected		Source of Contamination		
Sodium (ppm)		n/a		n/a		4.74		Erosio	n of natural deposits	
Collection and sampling	Collection and sampling result information in the table provided by Detroit Water and Sewerage Department (DWSD) Water Quality Division, ML Semegen.									

Regulated Contaminant	Test Date	Units	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major Sources in Drinking Water			
		In	organic Cl	nemicals -	Monitorin	g at Plant Fi	nished Wat	er Tap			
Fluoride 5/11/15		ppm	4	4	0.46	n/a	No	which	of natural deposits; Water additive, promotes strong teeth; Discharge rtilizer and aluminum factories.		
Nitrate	5/11/15	ppm	10	10	0.28	n/a	No		Runoff from fertilizer use: Leaching from septic tanks, sewage; Erosion of natural deposits.		
		Disinfect	ant Resid	ual - Monit	toring in D	istribution S	ystem by T	reatment	Plant		
Regulated Contaminant	Test Date	Units	Health Goal MRDGL	Allowed Level MRDL	Highest Level RAA	Range of Detection	Violation yes/no	Major S	Major Sources in Drinking Water		
Total Chlorine Residual	Jan-Dec 2015	ppm	4	4	0.75	0.65-0.82	No	Water additive to control microbes			
		2015	Turbidity	- Monitor	ed every 4	hours at Pla	nt Finished	Water Ta	ıp		
Highest Single Measurement Cannot exceed 1 NTU			Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)					Violatio Yes/No			
0.17 NTU					100%			No	Soil Runoff		
Turbidity is a mea	asure of th	ne cloudines	s of water	We moni	tor it becau	ise it is a goo	d indicator	of the eff	ectiveness of our filtration system.		
Regulated Conta	minant		Treatment Technique						Typical Source of Contaminar		
Total Organic The Carbon (ppm) bet			Organic Carbon (TOC) removal ratio is calculated as the ratio the actual TOC removal and the TOC removal requirements. IC was measured each month and because the level was low, there is no requirement for TOC removal.						Erosion of natural deposits		
				20	15 Special	Monitoring					
Contaminant		MCLO	G .	MCL	1 1			Source of Contamination			
odium (ppm)		n/a		n/a	n/a 4.96			Erosion of natural deposits			

#### **Additional Information**

In order to ensure that tap water is safe to drink, EPA prescribes regulations, which limit the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.
- Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.
- Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organics, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban storm water runoff and septic systems.
- Radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's **Safe Drinking Water Hotline at (800) 426-4791**.

### City of Royal Oak 2015 Report on Water Quality

Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest Level Detected	Range of Detection	Violation yes/no	Major So	Major Sources in Drinking Water		
		In	organic C	hemicals -	Monitorin	ig at Plant Fi	nished Wat	er Tap			
Fluoride	5/11/15	5 ppm	4	4	0.43	n/a	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories.			
Nitrate	5/11/15	ppm	10	10	0.30	n/a	No		unoff from fertilizer use: Leaching from ptic tanks, sewage; Erosion of natural deposits.		
		Disinfectant	t Residual	s - Monito	ing in GLV	VA Distributi	on System I	y Treatm	ent Plant		
Regulated Contaminant	Test Date	Unit	Health Goal MRDGL	Allowed Level MRDL	Highest Level RAA	Range of Detection	Violation yes/no	Major Sources in Drinking Water			
Total Chlorine Residual	Jan-Dec 2015	ppm	4	4	0.82	0.71-0.91	No	Water ad	lditive to control microbes		
Regulated Contam	inant			Treatr	nent Tech	nique			Typical Source of Contaminant		
Total Organic Carbon (ppm) The Total Organic Carbon (TOC) removal ratio is calculated as the ratio between the actual TOC removal and the TOC removal requirements. The TOC was measured each month and because the level was low, there is no requirement for TOC removal.											
						hours at Pla			<u> </u>		
Highest Single I Cannot exceed 1		nent	Lowest Monthly % of Samples Meeting Turbidity Limit of 0.3 NTU (minimum 95%)					Violation Yes/No	Major Sources in Drinking Water		
0.2 NTU					100%			No	Soil Runoff		
Turbidity is a me	asure of t	he cloudines	ss of water	. We moni	tor it becau	ase it is a goo	d indicator	of the effe	ectiveness of our filtration system.		
Regulated Contam	inant			Treatr	nent Tech	nique			Typical Source of Contaminant		
Total Organic Carbon (ppm)		between	the actual C was mea	TOC remo	wal and th n month ar	l ratio is calc e TOC remov nd because th or TOC remov	al requirem ne level was	he ratio Erosion of natural deposits ments.			
Regulated Contaminant	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Level 1	Detected	Violation yes/no	Major So	jor Sources in Drinking Water		
	5/13/1	4 pCi/L	0	5	0.86 +	or – 0.55	No	Erosion	on of natural deposits		
Combined Radium: Radium 226 & 228											
Radium: Radium				20	15 Specia	l Monitoring					
Radium: Radium		MCLO	G	20 MCL		<mark>I Monitoring</mark> I Detected		Sou	rce of Contamination		

City of Royal Oak Water Quality Results												
	Disinfect	tion By-Pr	oducts – N	Monitoring	in Distrib	ution Syste	m Stage 2	2 Disi	infection B	y-Pro	ducts	
Regulated Contaminent	Test Date	Unit	Health Goal MCLG	Allowed Level MCL	Highest LRAA	Range of Detection	Violati	on		Major Sources In DrinkingWater		
Total Trihalomethanes (TTHM)	2014	ppb	n/a	80	32	13.5-39.8	No		By-produc	r-product of drinking water chlorination		
Haloacetic Acids (HAA5)	2014	ppb	n/a	60	11	7-12	No		By-product of drinking water disinfection.		lrinking water disinfection.	
2014 Microbiological Contaminants - Monthly Monitoring in Distribution System												
Regulated Contaminant	MCLG	MCL					Highest Number Detected		Violation Yes/No		Major Sources in Drinking Water	
Total Coliform Bacteria	0			liform bac nthly samp			0				Naturally present in the environment.	
E.coli Bacteria	0	are total	coliform 1	nd a repea positive, an E. <i>coli</i> posit	id one is		0		No		Human waste and animal fecal waste.	
			2014	Lead and C	opper Mo	nitoring at	Customer	rs′ Ta	р			
Regulated Contaminant	Test Date	Units	Health Goal MCLG	Action Level AL	90th Percent Value	ile Sai	iber of nples er AL		olation /es/No		Major Sources in Drinking Water	
Lead	2014	ppb	0	15	3.5		0				osion of household plumbing m; Erosion of natural deposits.	
Copper	2014	ppb	1300	1300	44		0		No	syste	osion of household plumbing m; Erosion of natural deposits; hing from wood preservatives.	
* The 90th percentile	e value me	ans 90 per	cent of th	e homes te	sted have	ead and co	pper level	s bel	ow the giv	en 90	th percentile value. If the 90th	

percentile value is above the AL additional requirements must be met.

### Important Health Information Lead

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Royal Oak is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/ safewater/lead.

#### **People With Special Health Concerns**

Some people may be more vulnerable to contaminants in drinking water than is the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791.

#### **Questions:**

Local Distribution: City of Royal Oak, Public Works Administration (248) 246-3300.

Southeastern Oakland County Water Supply System – Water Authority offices: (248) 288-5150 or www.socwa.org

Detroit Water and Sewerage Department – Water Quality Division: (313) 926-8128 or www.dwsd.org

Great Lakes Water Authority: www.glwater.org

MI Department of Environmental Quality: (586) 753-3755 or www.michigan.gov/deq

U.S. Environmental Protection Agency: Safe Drinking Water Hotline: (800) 426-4791

Water quality data for community water systems throughout the United States is available at www.epa.gov/drink/



# LEAFLET

**Summer 2016** 

### You Should Know...

### **Library Hours**

Monday & Wednesday, 10:00 am - 9:00 pm Tuesday & Thursday, 12 noon - 9:00 pm Friday & Saturday, 10:00 am - 6:00 pm

### **Library Closings**

For Memorial Day, the library is closed Saturday, May 28 and Monday, May 30.

For Independence Day, the library is closed Saturday, July 2 and Monday, July 4.

For Arts, Beats & Eats and Labor Day, the library will be closed Friday, September 2 through Monday, September 5.

### You can:

- Renew books online at **ropl.org**.
- Get extended checkout periods when you are going to be out of town
- Renew books by phone 24/7 at 888-672-8983
- Get text message alerts when your books on hold arrive
- Download FREE eBooks and eAudiobooks

Call 248-246-3700 for details.



222 E 11 Mile Road Royal Oak, MI 48067 248.246.3700 **www.ropl.org**  The Royal Oak Public Library is more than books! Check ropl.org or phone 248-246-3700 for details on all of the library's programs and services. Highlights of upcoming programs and services include:

### **2016 Summer Reading Program Begins June 18**

The 2016 Summer Reading Program begins on **Saturday, June 18 at 10:00 am** with Opening Day activities sponsored by OUR Credit Union. Come and enjoy crafts, meet farm animals and register for summer events on the library lawn. All Summer Reading activities are **FREE**!

#### Don't miss:

- Tuesday Evening Family programs
- Safety Town program
- Monday Outdoor Story Times
- Book Buddies and Kids' Book Clubs
- Teen Babysitter Training

Check ropl.org for all youth, teen and adult program details!





### **June Outdoor Concerts at ROPL**

Take a break, sit back, and enjoy live music on the lawn of the Royal Oak Public Library on **select Wednesdays at 7:00 pm**. Please bring your own lawn chair or blanket. (In case of rain, concerts will be moved indoors.)

June 15 – Royal Oak Concert Band and The Woodward Avenue Jazz Orchestra

June 22 – Matthew Ball aka "The Boogie-Woogie Kid"

June 29 – Rich Eddy's Rockin' Oldies Band

### **Vacation Resources from ROPL**

- Check for free and discounted admissions for hundreds of cultural, historical, and recreational venues throughout the whole state with the Michigan Activity Pass. Go online to www.MichiganActivityPass.info.
- **Don't forget audio books** when heading off on a car trip. Listen to a story unfold as the miles go by. ROPL carries audio books in several formats.
- Heading abroad for a vacation? Use Pronunciator to learn a bit of the language before you
  go. You can access this free online service from home with your library card. Go to ropl.org
  or phone 248-246-3700 for more information.
- Want a beach read that has no due date? Check out the Friends Shop in the library for gently used books on sale at rock bottom prices. Restocked frequently, and with monthly specials, the Friends Shop is open four days a week: Mondays and Wednesdays, 10:00 am 8:00 pm; Thursdays, 12 noon 8:00 pm; Saturdays, 10:00 am 3:00 pm. All Friends Shop sales benefit the library.
- Staycation? Be sure to visit the ROPL Butterfly Garden in all its summer glory. Check ropl.org for volunteer opportunities to help maintain the garden.



# 0ak Royal Your About nformation e w s

# **Strong Schools Make** a **Strong Community**

Dear Neighbors,

Strong schools, a strong community, a strong environment for business: The success of our schools, our community and businesses in Royal Oak are all inter-related.

A national realty brokerage, Redfin, recently released a study that puts hard numbers on the relationship between the quality of schools and home values. Using a database of over 400,000 home sales and nearly 11,000 school districts in 57 metropolitan markets, the study concluded that, on average, buyers pay \$50 more per square foot for homes in top-rated school districts compared with homes served by average-rated schools.



What does this mean? To me, as a Royal Oak homeowner and resident, this suggests that my home in Royal Oak, a community with top-rated schools, is worth over \$80,000 more than it might be in a community without such strong schools. My wife and I have no school-aged children living with us, but the strength of our Royal Oak Schools is still incredibly important to us. It is important because of what our schools mean for our real estate investment. More significantly, the strength of our schools is significant because being a part of a community that values education and cares for children is important to us.

Periodically, I send e-blasts to school district families. These short e-mail messages highlight happenings in our schools and provide links to more detailed information about key school district events. Recently, we have added an option that allows those without students in our schools to subscribe to these messages. To subscribe, go to **www.royaloakschools.org** and click on the **"Subscribe to eNews"** link at the very top of the page.

Strong schools, a strong community, a strong environment for business: we succeed together! Regardless of whether you have children attending our schools, you are included in the vision of our Royal Oak Schools to be a Community of Excellence. I am glad that you are a part of our shared commitment to care for children and provide them with the finest possible education. Sincerely,

Shawn Lewis-Lakin Superintendent of Schools

Shown Levie - Lp:

### **View State of the Schools Presentation**

At the April 28th State of the Schools address, Superintendent Shawn Lewis-Lakin provided an overview of Royal Oak Schools past successes, current challenges, and future plans. He spoke about student achievement in the district, as well as instructional improvement initiatives.

If you were unable to attend, you can view the State of the Schools presentation by visiting the district website at **www.royaloakschools.org**, and selecting **"News Item"**, State of the Schools presentation.

### Royal Oak Announces Outstanding Teachers of the Year

Royal Oak Schools announced the district's 2015-2016 Outstanding Teachers of the Year:

- Valerie Ault, Elementary Teacher of the Year
- Joseph Homrocky, Middle School Teacher of the Year
- Kim Gogola, High School Teacher of the Year

**Valerie Ault**, a second grade teacher at Keller Elementary, has been teaching in Royal Oak Schools for 15 years.

In her nomination, Principal Marcie Dryden wrote, "Ms. Ault uses all information available to plan activities that will tap into students' fun, serious, energetic, social, inquisitive minds. When you enter her classroom, you realize something unique – a sense of family. Her students are busy; engaged in activities that capture interest and wonder."

Ms. Ault is a member of the Keller leadership team and writing goal team. She sponsors the Safety Squad and leads the Student Council. Her colleagues point to her involvement in community efforts. Her creative cross-curricular projects – Salvation Army food drive, CF Walk, raising money for Beaumont Children's Hospital, collecting supplies for a women's shelter, donating food and toys to an animal shelter, collecting "Socks for Sole" for the homeless community – connects learners and the community and brings



Middle School Teacher of the Year Joe Homrocky (left) with ROMS Principal Todd Noonan

pride to the students. She also mentors a student through C.A.R.E. (Caring Adults Are Everywhere) and teaches summer school for Title 1 students.

One of her former students said, "If I could have Ms. Ault every year as a teacher, I would."

Ms. Ault holds a Bachelor of Arts Degree in Elementary Education from Michigan State University.

**Joseph Homrocky**, who teaches 6th and 8th grade social studies, has been teaching in Royal Oak Schools for 23 years.

In his nomination, Principal Todd Noonan said, "Mr. Homrocky is always learning about new technology and techniques to use in his classroom to make sure his lessons are engaging and reaching every student.

One of his colleagues remarked, "Joe's passion for his discipline is second-to-none. Since the first smart board was rolled into this building, Joe has found ways to have history or world studies come to life for the kids. Staying on top of the latest technology available, Joe realizes how this motivates students and takes full advantage of it. Given his comfort with technology, his classroom is open and available 24/7."

One of his students remarked, "technology is integrated into class every day. He is always finding a new teaching resource, website or other tool to put on Google Classroom for us to try out."

Another colleague said, "Joe is a teacher I strive to be, one who is constantly learning new things, right along with his students, and whose passion radiates out of his classroom. I only wish I could be a student again and have him as my teacher! Royal Oak Middle School students are very lucky!"

As the coordinator and leader of the Washington, D. C. trip, Mr. Homrocky quietly and humbly organizes a lifelong memory for each of the students as they begin their transition to high school. He is also a member of the Instructional Leadership Team. He graduated from Wayne State University with a Bachelor's Degree in History and Master's Degree in Elementary Education.



Elementary Teacher of the Year Valerie Ault (left) with Keller Elementary Principal Marcie Dryden

continued on page 44

Royal Oak Schools

### Outstanding Teachers of the Year continued from page 43



High School Teacher of the Year Kim Gogola (left) with ROHS Principal Michael Giromini

Mr. Homrocky is the youngest of eleven children. He and his wife Michelle have a daughter Jacqueline and son Christopher. He is most proud that his father served in the Maritime Service (Merchant Marines) during World War II.

**Kim Gogola** began her career in Royal Oak Schools in 2001. She teaches 9th, 10th and 11th grade Government and U.S. History.

In her nomination, Principal Michael Giromini wrote, "Ms. Gogola creates authentic experiences for her students to engage them in their learning. She recently created an election activity in which students learned about the electoral process and participated in simulated voting using the City of Royal Oak voting equipment. Her lessons make the learning relevant to each of her students. As a bonus, her never-ending energy level keeps students focused and ready to learn. You can regularly see the students mirroring her energy level and enthusiasm: it's infectious!"

Ms. Gogola has been on the School Improvement Team, the PBIS team, and is the Social Studies Department Chair.

She is a graduate of Michigan State University with a Bachelor's Degree in History and Master's Degree in Education and Curriculum.

In making the announcement, Superintendent Shawn Lewis-Lakin said "All three of the Royal Oak Outstanding Teachers of the Year have demonstrated excellence in all areas of work with students, parents and colleagues. Each has demonstrated excellence in motivating and engaging students, differentiating learning for students, and providing leadership to the school community."

### Royal Oak Schools Adult Transition Program Builds TRAILS to an Enriching Community Based Adult Life

The TRAILS (Transitioning Responsible Adults In Life Skills) Adult Transition Program opened its doors to the community for the first time with an open house on March 30. Although there is still much work to be done in preparation for the upcoming school year, families were able to experience the location and learn about the program's philosophy, mission and curriculum resources. Families were also able to discuss the program with district staff including John McAskin, who will be joining the district as the TRAILS teacher for the 2016-2017 school year. John brings several years of successful experience teaching students in adult transition programming and the district is excited to have him as a part of the TRAILS team.

TRAILS, which will be available for students ages 18-26 who did not earn a high school diploma and who require special education support and services, will officially open for students to start the 2016-

2017 school year. The program provides a bridge between the K-12 education system and an enriching community based adult life. Focusing on the areas of vocational education, daily living, instruction, and employment TRAILS will prepare students to apply their skills in authentic real world settings.

A significant portion of the student's experience will include Work Based Learning. In these community settings, students will be supported by district staff in applying their learning to situations and settings experienced in life as an adult. The district will partner with organizations and businesses in the Royal Oak community to teach TRAILS students to access transportation, recreation, healthy living, and work/volunteer opportunities. "We are interested in supporting our students as they develop authentic and enduring relationships with our community," said Jason Zewatsky, Autism Program

Supervisor. "We all rely on this type of relationship to be successful as adults and it's important that our students are able to benefit from the lifelong support that relationships bring."

As the program continues to evolve, the district is interested in discussing Work Based Learning with community organizations and businesses. "Individuals with disabilities provide a tremendous value and diversity to our community and the TRAILS program is excited to help our students discover their roles as active members of the great community we have here in Royal Oak." said Zewatsky. All community members who are interested in discussing Work Based Learning opportunities or have other interest in or questions about the TRAILS program are invited to contact Jason Zewatsky at (248) 435-8400, Ext. 1269 or zewatskyj@ royaloakschools.org.

# **Summer Building Projects Planned**

Our schools are a tremendous community asset, not only for residents with children attending our schools, but for the community as a whole. On an ongoing basis, the district seeks to maintain and improve our school facilities. While such work does not eliminate the need for periodic larger scale capital improvement efforts, the work completed year to year does insure that our schools are safe, clean and supportive of student learning.

Projects around the district that are scheduled for this spring and summer include the following:

- Demolition of the former Lockman Elementary School (also known as Keller West)
- Renovation of the Kimball Auditorium at Royal Oak High School (ROHS)
- Restroom renovations at ROHS (approximately 25% of restrooms will be renovated)
- · Updating of the mechanical control systems (heating and cooling controls) at ROHS
- · Replacement of exterior doors at Upton Elementary School
- · Accessibility modification to ROHS stadium bleachers
- · Interior brick cleaning and restoration at ROHS
- Renovations for the TRAILS program (see related article on page 44)

Community members are invited to participate with the Board of Education in facility planning as members of the Facility and Finance Committee. For information on how you can be a part of this committee, call (248) 435-8400, Ext. 1228. For additional information on these and other projects, visit www.royaloakschools.org.

### Royal Oak Named One of the "Top 10 Best Small Cities for Education in America"

Royal Oak was recently ranked among the "Top 10 Best Small Cities for Education in America". Royal Oak was one of just two Michigan cities to earn this distinction, the other being Novi. Royal Oak was tied for the fifth spot on the list with Auburn, Alabama. Movoto Real Estate, which produced the list, selected 140 small cities with populations between 50,000 and 60,000. Researchers then used the U.S. Census' American Community Survey, AreaVibes, and GreatSchools.org to collect education criteria to establish their top 10 listing."Recognition such as this confirms what our students, their families, and the citizens of Royal Oak know: our city is a great place to learn and to live," said Superintendent of Schools Shawn Lewis-Lakin.

### **Royal Oak Model UN Team Earns Debate Awards**

Royal Oak High School's Model United Nations team earned three Superior Delegate debate awards at the first annual Oakland University High School Model United Nations Conference. The event was hosted by Oakland University's Model UN Club and the Department of Political Science.

Superior Delegate award winners were:

- Kevin Phillips as Qatar in the Human Rights Committee
- Joe Zalewski as the United Kingdom in the Human Rights Committee
- Jonah Kubicek as Iraq in the Social, Cultural, and Humanitarian Committee

Also earning honors was Claire Ronan with an Honorable Mention as the United Kingdom in the Economic and Finance Committee.

Three hundred delegates from 12 schools participated in the conference. For additional information, go to Romun.org.



# Royal Oak Interact Students 10th Annual Alternative February Break Project

A pair of tornadoes ripped through Holly Springs, Mississippi in December damaging over 200 homes. Six weeks later, 48 Royal Oak High School Interact students arrived on their alternative February break to help prepare sites for reconstruction and remove dozens of fallen trees.

"I could not have asked more from our students," said Teacher and Advisor Steve Chisnell. "They showed stamina, initiative, perseverance, a real respect for the people we met, and somehow had fun all the while."

Here are the numbers according to Chisnell:

- 48 students working 35 hours throughout the week
- 1,680 volunteer hours in a federallydeclared disaster area

- Saved impoverished local residents over \$100,000 in work
- One full-time worker would have spent 10½ months to do what the students did in one week.

"Ten years ago, my Interact (youth Rotary) students told me they wanted to do more than simply stage charity drives – they wanted to go out and help people directly," said Chisnell. "On top of finding the means to coordinate with local relief agencies, many with whom we inquired doubted the ability of teenagers to do serious disaster relief work or had rules denying them the opportunity to help."

Chisnell connected with National Relief Network (NRN) of Greenville, MI. The non-profit believed in the students and could coordinate with FEMA and state and local agencies to help assist those families who often fall through the cracks of traditional relief efforts.

Through NRN, more than 500 Royal Oak High School students over the past ten years have worked to help families after Hurricanes Katrina, Isaac and Ike, tornadoes in Joplin, Birmingham and Little Rock, and floods in Louisiana and Kentucky. The students have worked on the largest environmental restoration project along the Gulf Coast, planting cypress trees to protect the shoreline; and worked alongside the U.S. Army Corp of Engineers in Joplin.

For additional information go to rointeract.org.



### **E-Newsletter Sign-Up for Community**

Every two to three weeks, Superintendent of Schools Shawn Lewis-Lakin sends a district-wide e-blast. Families of students attending Royal Oak Schools automatically receive these periodic e-blasts. Now, community members can also sign up to receive eNews from our schools! To subscribe, go to **www.royaloakschools.org** and click on the **"Subscribe to eNews"** link that is at the top of the page. You are also invited to follow us on Facebook and Twitter!

### **Activity Gold Card Available for Seniors**

The Royal Oak School District presents its Senior Activity Gold Card, a complimentary pass for Royal Oak residents ages 60 and over. This complimentary pass will be renewable every three years.

#### **Benefits**

The Gold Card includes free admission to:

- Athletic Events (except state sponsored tournaments)
- Drama Programs & Dance Shows
- Vocal & Instrumental Music Concerts
- Evening Recreational Swim at Royal Oak Middle School

Applications are available at the Churchill Community Education Center, 707 Girard, Royal Oak. For additional information, please call (248) 588-5050.

### SAVE THE DATE!

Monday, June 27, 2016

The Royal Oak Foundation for Public Education

23rd Annual Charity Golf Outing

Red Run Country Club Royal Oak, MI

For more information call **248.435.8400**, Ext. **1228** 

### **Enrollment Procedures**

Parents may enroll students at our centralized location. Preenrollment paperwork may be completed online.

#### **District Central Enrollment Office**

800 DeVillen, Royal Oak

District Office Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

#### **Enrollment Office Hours:**

Monday - Friday, 7:30 a.m. - 4:00 p.m.

Enrollments need to be started by 4:00 p.m. to allow time for the completion of the enrollment process by 4:30 p.m. when the office closes.

Barbara Sparks, Enrollment Coordinator (248) 435-8400, Ext. 1260

Fax: (248) 280-2591

To register a child for school, parents should bring the following with them to the Enrollment Office:

### **Enrollment/Registration Required Documents**

- 2 Proofs of Residency
  - Lease Agreement (plus page with landlord and tenant signatures)
  - Mortgage Statement (within last month)
  - City Assessor's Tax Statement (current year)
  - Current Utility Bill or Cable Bill (within last month)
  - Notarized Affidavit of Residence if living in someone else's home/apartment
    - This person's driver's license and two proofs of their residency
- Driver's License (of parent or guardian)
- **Birth Certificate** (original or certified copy with raised seal)
- Immunization Records
- Vision Screening Required for Kindergarteners
- Court Documents, if applicable (guardianship, foster care, etc.)
- High School requires transcript at time of enrollment
- Enrollment packet paperwork must be completely filled out. It can be downloaded at www.royaloakschools.org, click "Enrollment", or it is available at the district enrollment office or any school building.
- Please bring: Emergency contact names/phone numbers, physician's name/phone number, and previous school name/ address/phone and fax numbers

# **Kindergarten Vision Screening**

Michigan law requires a vision screening for kindergarten entrance. A vision screening done by a health department technician, physician, or eye doctor fulfills this requirement.

The Oakland County Health Division offers free vision screening for Oakland County residents. Call (248) 424-7070 to schedule an appointment.





### Addams Early Childhood Center

2222 West Webster, Royal Oak, Michigan

- Early Childhood Special Education Program & Services
- Young Oaks Before and After School School Age Child Care
- 3 Day Preschool Programs for 4 & 5 Year Olds
- 2 Day Preschool Programs for 3 Year Olds
- Child Care Program: Full or Part-time for 2 1/2 to 5 Year Olds
- Great Start Readiness Program: 4 Day Full-time Program

For more information, visit us at www.royaloakschools.org or call 248-288-3220

# Young Oaks Before and After School Child Care

Royal Oak Schools offers fee-based before and after school child care for school-aged children at each of the six elementary schools.

The Young Oaks Latchkey Program emphasizes a comfortable, supervised atmosphere that includes activities that will enhance the child's physical, social and academic growth.

The program is fully licensed by the State of Michigan and follows all of its guidelines. The staff is fully trained in CPR and first aid and receives additional appropriate in-service training throughout the year.

We offer care before and after school, as well as on most vacation days. In addition, summer camp is available during the summer break. For a nominal additional fee, parents can purchase "inclement weather" coverage in the event that schools are closed for an unpredictable reason.

For more information regarding the fee structure of the Young Oaks Program, call Evelyn Maurer at (248) 288-3220, Ext. 3561.

### **Summer Sports Camps**

New this year the Pistons Academy Summer Camp, along with basketball, tennis, volleyball, cheerleading, baseball and dance are the Summer Sports Camp programs being offered by Royal Oak Schools this summer. The 2016 Summer Sports Camp programs will run from **June 27 to August 10** according to the following schedule. For further information, contact the Athletic Department at (248) 435-8500, Ext. 1148.

### **Pistons Academy Summer Camp**

June 27-July 1, 9:00 a.m.-3:00 p.m., Ages 8-14 Cost \$200 Royal Oak Resident; \$225 Non-resident

The Pistons, in conjunction with Royal Oak Schools, are pleased to offer an exciting camp opportunity this summer. This camp is loaded with instruction, games, fun and an element of Pistons entertainment that no other camp can match! Our format is designed to satisfy a wide range of skill levels. Whether your camper is a confident superstar, a shy beginner or somewhere in between, our coaches will provide the appropriate level of instruction. Directors Geo Thomas and Royal Oak Basketball Head Coach Aaron Smith have a combined 46 years experience directing camps and are prepared to bring a fun and fast-paced agenda to the Royal Oak community. Along with fundamentals and the importance of team play, Pistons Academy Camps offer amenities that no other camps can match: Pistons Mascot Hooper, live updates on our website and social media, appearances by Pistons players, both past and present (based on availability), the Flight Crew and so much more! Visit pistonsacademy.com to register on-line or call (248) 377-8653.



### **Girls Basketball**

June 27-30, 9:00 a.m.-2:00 p.m., Ages 8-14 Cost \$119

This camp will focus on individual and group instruction with drills designed to improve fundamental basketball skills and help each player gain confidence in her own abilities. Offensive skills (shooting, passing, dribbling, triple threat), defensive skills (footwork, boxing out, on the ball/ballside/helpside), team offense and defense will be taught. There will be skill contests and team contests. Campers should bring a bag lunch with them each day. Camp Coordinator: Brian Sopata, Royal Oak High School Varsity Girls Basketball Coach. **Location: Royal Oak Middle School Gym** 

## Boys Basketball Fundamental Camp

July 11-14, 9:00 a.m.-Noon, Ages 7-14

**Cost \$91** 

The Royal Oak Boys Basketball Camp is designed to teach the fundamental aspects of basketball while also enhancing your child's love for the game. Royal Oak Basketball Coach and Detroit Pistons Camps Director Aaron Smith, along with his staff, will implement fun and unique drills that will challenge campers of all ages and skill levels. Camp activities will include a heavy emphasis on fundamental skill work, 5 on 5 games, fun competitions and much more. All campers will be grouped according to age and skill level. Camp Coordinator: Aaron Smith, Royal Oak High School Boys Varsity Basketball Coach. **Location: Royal Oak High School Gym** 

### **Boys & Girls Tennis**

July 11-14, 8:30-11:30 a.m., Ages 8-16

**Cost \$82** 

This camp will focus on group instruction and drills that are designed to introduce and improve tennis skills in a supportive and fun environment. Campers will learn forehand, backhands, serves, volleys and court movement. There will be team games and double matches with fun awards and prizes. Campers should wear tennis shoes, shorts and t-shirts and should bring their own racquet. Caps and visors are also suggested. Campers will have two 15 minute breaks and should bring a snack; water will be provided for bottle refills. Camp Coordinator: Kevin Friesen, Royal Oak High School Varsity Tennis Coach and Royal Oak High School Tennis Courts

### **Volleyball**

July 11-14, 2:00-3:45 p.m., Ages 9-11 July 11-14, 4:00-6:00 p.m., Ages 12-14 Cost \$60 Cost \$72

Start your volleyball career off in the right direction! This camp will focus on the basic fundamental skills of volleyball including: passing, setting, hitting and serving, as well as strategy to improve one's overall game. Your child will have a posi-

tive experience at our camp, regardless of skill level. Camp Coordinator: Bridgette Sanborn, Royal Oak High School Varsity Volleyball Coach and the Royal Oak High School coaching staff and alumni. **Location: Royal Oak High School Gym** 



Summer 2016 48 Royal Oak Schools



### **Cheerleading Camp**

July 12-13, 5:30-7:30 p.m., Ages 6-13

**Cost \$50** 

Cheer camp is looking for campers who want to perfect their cheer technique or try cheerleading for the first time. There will be group and individual instruction covering the fundamentals of cheerleading. Included techniques: proper motions/placement, jumps, basic/intermediate tumbling, stunting safety and basic/intermediate stunt sequence. We will also teach favorite Raven sideline chants and cover sideline etiquette. Parents will be invited back on the last day for a performance. Each camper should wear shorts, shirt and gym shoes and bring a water bottle. Camp Coordinator: Rachael Smith, Royal Oak High School JV Cheer Coach and Assistant Competitive Cheer Coach. Location: Royal Oak Middle School Gathering Place

### **Baseball**

July 18-22, 9:00 a.mNoon, Ages 5-11	Cost \$91
August 1-5, 9:00 a.mNoon, Ages 5-11	Cost \$91
August 2-4, 12:30-3:30 p.m., Ages 12-16	Cost \$91

Participants will be instructed in all areas of the game of baseball. Fundamentals will be emphasized through the use of station work and a variety of baseball drills. Players are placed based upon ability and age appropriateness. Areas of development include but are not limited to: individual skills of infield, outfield, pitching, catching, hitting, bunting, and base running. Team skills include: cut-offs/relays, bunt defense, double plays, team offense and team defense. Camp Coordinator: Greg Porter, Royal Oak High School Varsity Baseball Coach. **Location: Royal Oak High School Baseball Field** 

### **Dance Camp**

August 10, 9:00 a.m.-3:00 p.m., Ages 5-13 Cost

Join the Royal Oak High School Varsity Dance Team for a one-day dance clinic. Dancers ages 5-13 are welcome to attend to learn pom, hip hop and jazz dance combinations, as well as dance techniques. Dancers will apply those skills at a family and friends performance that same day beginning at 3:00 p.m. No previous dance experience is necessary. Dancers must bring a bag lunch, water bottle and a small snack for break times. Dancers should wear something that allows movement (no jeans please), sneakers or dance shoes. Participants will receive a camp shirt to wear during the performance. Camp Coordinators: Jennifer Hull and Jessica LoDuca, ROHS Dance Coaches. **Location: Royal Oak High School Auxiliary Gym** 

### 2016 Calendar May - June 2016

#### May 2016

### 4, 11, 18, 25 Professional Learning Mornings Early Start for Teachers & Late Start for Students

- 2 PTA Council Meeting 7:00 p.m.
- 9 Elementary PTA Meetings 7:00 p.m.
- Board of Education Meeting 7:00 p.m.
- ROMS PTA Meeting 7:00 p.m.
- 19 Churchill Community High School & Adult Education Graduation @ ROMS 7:00 p.m.
- 23-24 ROHS Senior Finals
- 23 ROHS PTSA Meeting 7:00 p.m.
- 26 Board of Education Meeting 6:00 p.m.
- 30 Memorial Day No School

#### **June 2016**

- 3 ROHS Graduation @ Freedom Hill 7:00 p.m.
- 6 PTA Council Meeting 7:00 p.m
- 9 Board of Education Meeting 7:00 p.m.
- 13 Elementary PTA Meetings 7:00 p.m.
- 17-21 ROHS Final Exams
- 20 ROMS PTA Meeting 7:00 p.m.
- 21 Last Day for Students, End of 4th Marking Period, End of 2nd Semester
- 23 Board of Education Meeting 6:00 p.m.

Complete calendar information for the 2015-2016 school year may be viewed at www.royaloakschools.org From the home page, click on the "Calendar" link.



### **Instructional Swim Program**

#### Registration:

Wednesday, June 15 from 5:15-6:30 p.m., Saturday, June 18 from 9:00-11:30 a.m. at the Royal Oak High School Pool

If classes are not filled on this date, registration will continue at the pool prior to the start of the first lesson.

#### All classes are held at Royal Oak High School.

#### Session I (9 lessons):

Monday, July 11 - Friday, July 15 and Monday, July 18 - Thursday, July 21

#### **Session II (9 lessons):**

Monday, July 25 - Friday, July 29 and Monday, August 1 – Thursday, August 4

#### Classes

#### **Tiny Tots, Ages 1-5 with parent** (6 lessons)

Class Time: 6:30-7:00 p.m. on Monday, Tuesday & Thursday Fee: \$40 per child, \$35 for each additional child in same family

#### Boys & Girls, Ages 6-14 (9 lessons)

Class Times: 8:30-9:10 a.m. or 9:15-9:55 a.m.

Fee: \$80 per child, \$75 for each additional child in same family

#### **Tiny Tots, Ages 3-5 without parent** (9 lessons)

Class Time: 10:00-10:30 a.m.

Fee: \$80 per child, \$75 for each additional child in same family

#### Adaptive Swim, All Ages

Class Time: 10:35-11:05 a.m.

This class is designed for children with special needs. The class will work on beginning swim skills, water acclamation, safety and having fun.

Fee: \$20 per half hour

#### **Private Lessons, All Ages**

Class Time: 10:35-11:05 a.m.

(minimum 5 lessons, maximum 9 lessons)

This class is taught one-on-one for each student's individual level.

Fee: \$20 per half hour

### **Training Program for Competitive Swimmers, Ages 7-17**

Class Time: 7:30-8:25 a.m.

This program is for advanced swimmers. Must be able to swim 25 yards of each major stroke (fly, back, breast and free). This program provides training for competitive swimmers or students interested in becoming competitive.

Fee: \$90 for each two week session

For additional information, call (248) 435-8500, Ext. 1148.

### **Evening Recreational Swim Program**

#### **Schedule:**

Mondays, Tuesdays & Thursdays through June 16, 2016 Royal Oak Middle School

#### **Monday Evenings:**

7:00-8:15 p.m. Children & Adults 8:15-9:30 p.m. Adults Only

#### **Tuesday Evenings:**

7:00-8:15 p.m. Children & Adults 8:15-9:30 p.m. Adults Only

#### **Thursday Evenings:**

7:00-8:15 p.m. Children & Adults 8:15-9:30 p.m. Adults Only

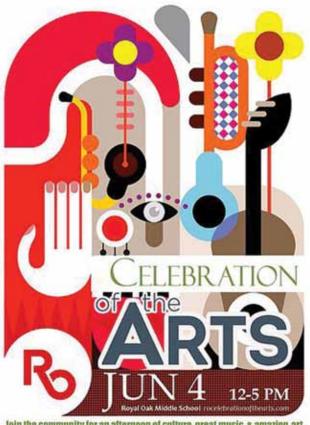
#### **Monday-Thursday Afternoons:**

12:15-1:15 p.m. Children & Adults Royal Oak High School

#### Fee:

\$5.00 for everyone over 5 years of age. Seniors are free with school district Senior Citizen Gold Card (available at Churchill Community Education Center).

Discount Cards are available at Open Swim for \$40 (10 visits).



Join the community for an afternoon of culture, great music & amazing art

### **Royal Oak Schools Directory**

### **ELEMENTARY SCHOOLS**

ELEVIEN IAK	I JOHOULS				
School	Address	Administrator	Secretary	Phone	Fax
Addams Helen Keller Northwood Oakland Oak Ridge Upton	2222 W. Webster 48073 1505 N. Campbell 48067 926 W. 12 Mile Rd. 48073 2415 Brockton 48067 506 E. 13 Mile Rd. 48073 4400 Mandalay Ave. 48073	Mr. Youanes Ms. Dryden Ms. Ashburn Mr. Lynch Dr. Parrott Mr. Grzywack	Ms. Nall Ms. Kaiser Ms. Till Ms. Kucyk Ms. Kaczkowski Ms. Affeld	288-3100 542-6500 541-0229 542-4406 588-8353 549-4968	288-3144 541-1260 541-4709 542-9289 588-0750 549-0013
ROYAL OAK N	MIDDLE SCHOOL	709 N. Washington 4806	67	541-7100	541-0408 Fax
	Administrator		Secretary	Phone	
	Mr. Noonan, Principal Mr. Jones, Asst. Principal Mr. Duncan, Asst. Principal		Ms. Beardsley Ms. LeBlanc-Sharer Ms. Barber Ms. Scott	Ext. 2039 Ext. 2025 Ext. 2013 Ext. 2073	
ROYAL OAK I	HIGH SCHOOL	1500 Lexington Blvd. 4	8073	435-8500	288-8733 Fax
	Administrator		Secretary	Phone	
	Mr. Giromini, Principal Ms. Krynak, Asst. Principal Ms. Powell, Asst. Principal Mr. Cole, Asst. Principal/Athle	etic Director	Ms. Staszak Ms. Ruffles Ms. Stremmell Ms. Moore	Ext. 1078 Ext. 1016 Ext. 1133 Ext. 1148	
OTHER FACI	LITIES				
Facility		Address/Administator		Phone	Fax
District Offices		800 DeVillen 48073		435-8400	435-6170
		Mr. Lewis-Lakin, Super Ms. Sutterfield, Adminis		Ext. 1228	
		Ms. Olson, Exec. Dir., Te Ms. Gray, Administrativ Ms. Flarity-Gram, Direc Ms. Stein, SE Secretary	e Assistant	Ext. 1232 Ext. 1269	
		Mr. Wolynski, Exec. Dir. Ms. Laird, Administrati		ices Ext. 1210	
		Ms. Abela, Finance Dire Ms. Carlisle, AP Assistan		288-8700 Ext. 1223	
Board of Educati	ion	Gary Briggs, President Deborah Anderson, Vico Jeff Brinker, Secretary Marty Cardamone, Trea Carrie Beerer, Trustee Lisa Bradford, Trustee Allison Sykes, Trustee	surer	435-8400	
Character 11 Comme	The time to the ti	Ms. Sutterfield, Adminis	strative Assistant	Ext. 1228	E00 2001
Churchill Comm Continuing	unity Education Center Education	707 Girard 48073 Ms. Hutchinson, Superv Ms. Sowulewski, Secreta		588-5050 Ext. 1502	588-2881
Adult Educa Community	ation High School	2.20. 00 m die moki, occiett	~~ )	JAN 1002	
Addams Early Cl	nildhood Center	2222 W. Webster 48073 Ms. Andersen, Supervis Ms. Maurer, Secretary	or	288-3220 Ext. 3561	288-3047
Maintenance / Ti	ransportation Center	1601 N. Campbell Road Mr. Murphy, Operations Ms. Newsome, Secretary	Manager	545-0064 Ext. 3245	545-0885
		F4			

**City Of Royal Oak** 

211 Williams St., P.O. Box 64 Royal Oak, MI 48068-0064

**City Hall Office Hours** 

Monday-Thursday, 8:00 am - 4:30 pm Friday, 8:00 am - 12 noon www.romi.gov



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# **COMING ATTRACTIONS**

Royal Oak Outdoor Art Fair July 9 & 10

Memorial Park (13 Mile & Woodward Ave)

Saturday, 10:00 am to 6:00 pm Sunday, 10:00 am to 5:00 pm

Look inside for Summer Day Camp (pages 2-3), Tennis, Adult Fitness, Cooking and more!

Live Music • Kids Activities • Giveaways • Movies Under The Stars!





### Wednesday, August 24 Royal Oak Memorial Park

31050 Woodward at 13 Mile Road

Event Starts: 6:00pm

Live Music: 6:30pm George Brothers

Movie: 8:20pm Zootopia

**Community Sponsors** 





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